

## A Message From Mayor Ronald M. Serpico

Dear Neighbors,

Fall is back ... beautiful colored foliage, temperate days, football, apple picking and Halloween. It is a great time of year, the only thing bad you can say about fall, is it leads into winter. For centuries the fall season was known as the harvest season because it was the time of year farmers brought in their crops. However, as we became a more urban population, the term harvest slowly morphed into fall, which is a natural choice since this season celebrates falling leaves and is a poetic contrast to spring.

Fall signals the end of the dreaded Road Construction Season and the start of the just as dreaded Political TV Ad Season, and if you've paid attention to the over abundant political ads on your screen you know that Election Day is Nov. 4. If you would like to avoid the long lines in your polling place and vote at a time convenient to your schedule, then vote early. Beginning Oct. 20, you may vote in the Village Hall. Go to our website at [www.melrosepark.org](http://www.melrosepark.org) for dates and times that you can vote early.

I would be remiss if I didn't take this opportunity to recognize all the Taste of Melrose Park businesses and individuals whose sponsorship help underwrite its costs, the organizations and crafters who set up booths, the 500+ volunteers, Taste Coordinator Peg DiFazio, and all who attended. It was our most successful Taste in 18 years, due mainly to the splendid weather and the 75 food vendors, who served up food delicacies that bring the crowds back year after year. Again, a big thanks to one and all for three great days!

This year's Taste of Melrose Park was bittersweet for me. While I enjoyed my usual activities of mingling with neighbors and watching the shows on all four stages, I was unable to fully partake in my favorite activity, sampling the many fabulous food offerings. The reason for this was due to my summer project of losing weight. By the time the Taste of Melrose Park arrived I had lost a little over 60 pounds by watching my calories and exercising. I have not reached my goal weight yet, but I am determined to get there. However, when I do reach it, the hard part begins, maintaining it ... quite a challenge for a charter member of the All-You-Can-Eat Club!

I want to finish on a personal note. Over the past year, several of Melrose Park's dear friends have passed away. Village employees, community pioneers and long-time leaders. All as different as night and day, but were beloved by all that knew them. The one thing these long-time residents shared was a love of Melrose Park. A wise person once said, "A person should leave their community a better place than when they found it." No one could epitomize this quote more. To our lost loved ones, thank you for making Melrose Park a better place to live and for blessing me with the good fortune of your friendship. You will be missed!

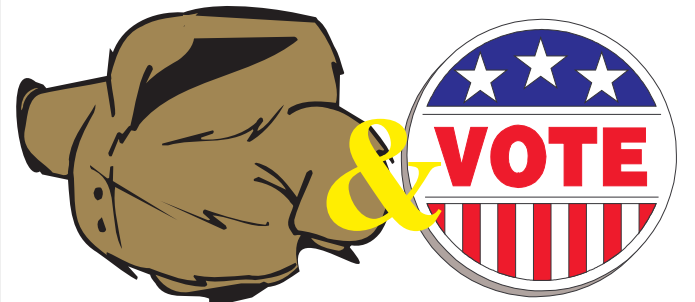


*Ronald M. Serpico*  
Mayor

Sincerely,

*Ron Serpico*  
Mayor Ron Serpico

## Village of Melrose Park Clerk Paolantonio and MAP of Hope Foundation Host Coat & Vote Donation Drive



Please be advised that during the Gubernatorial Early Voting Election period starting Monday, Oct. 20 through Saturday, Nov. 1, Village Clerk Mary Ann Paolantonio and MAP of Hope Foundation will be hosting a Coat & Vote Donation Drive.

Drop off your used but clean coat to help those at Hesus House and Catholic Charities. All sizes are welcome, from children to adults. Any and all coat donations will be appreciated. A donation box will be located outside the Clerk's Office located on the second floor of the Village Hall.

So when you come to vote, drop off your coat!

Thank You,  
Melrose Park Village Clerk  
Mary Ann Paolantonio  
and MAP of Hope Foundation



# Village of Melrose Park

**Ronald M. Serpico, Mayor**

**Mary Ann Paolantonio, Village Clerk**

## Trustees

**Anthony J. Abruzzo • Jaime Anguiano**

**Cathy Cossident Italia • Arturo J. Mota**

**Anthony J. Prignano • Mary Ramirez Taconi**



## To Know

**Village Hall.....(708) 343-4000**

**Hours – Monday-Friday, 9 a.m.-5 p.m.**

**Birth Certificates • First Copy – \$12, additional copies \$2 each**

**Death Certificates • First Copy – \$14, additional copies \$4 each**

**Water, Tickets, Etc.**

**Office of the Mayor .....(708) 343-4000, Ext. 4410**

**Police Emergency .....911**

**Non-Emergency .....(708) 344-8409**

**Animal Control.....(708) 344-8409**

**Fire Emergency .....911**

**Non-Emergency .....(708) 344-1210**

**Public Safety/Homeland Security .....(708) 649-8000**

**Library .....(708) 343-3391**

**Public Works.....(708) 343-5128**

**Building and Code .....(708) 343-4000**

**Civic Center .....(708) 450-0555**

**Hall and Field Rentals, Sports, Etc.**

**Community Service .....(708) 343-4000, Ext. 4448**

**Senior Services .....(708) 343-4000, Ext. 4448**

**Taste of Melrose Park, The Rose Newsletter**

**Dial A Ride .....(708) 343-7047**

**Proviso Township Assessor.....(708) 449-4304**

**Economic Development .....(708) 865-8809**

## Important Upcoming Dates

**Village Board Meetings.....Oct. 27, Nov. 10 and 24**

**Village Hall Holiday Closing.....Nov. 11, Nov. 27 and 28**

**Senior Club Meetings.....Nov. 13, Dec. 11**

# Resident Response

## *Dear Mayor Ronald Serpico...*

On behalf of the Feast Committee, the Fathers of Saint Charles/ Scalabrinians and the Saint Charles Borromeo Community, we would like to thank you for your contribution and support for the Annual Feast of Saint Charles on Sept. 19-21.

Thanks to you the community had the opportunity to enjoy a weekend of full entertainment, family gathering and the faith growth experience.

The Saint Charles Borromeo grounds were visited by thousands of people who felt your willingness to do good for our community. Thanks to your support many people have experienced a fiesta with such magnitude and most of our parishioners were proud of their church.

The proceeds raised in that weekend will be used for the church's restoration and the debt with the Archdiocese of Chicago.

In closing, we would love to count with your participation for "la Fiesta de San Carlos Borromeo 2015."

• Respectfully,  
Rev. Fr. Jorge Bravo, c.s.  
Pastor of St. Charles Borromeo

## *Dear Police Chief Sam Pitassi...*

On behalf of the Veterans Park District, I want to thank you and the Melrose Park Police Department for assisting us in patrolling Bulger Park during our annual softball tournament. The support of your officers highly contributed to the great success of the tournament.

Please extend my appreciation to officers George Ferolo and Sebastian Lorenzo for being so attentive to the safety of the participants. It is comforting to know that the Melrose Park Police Department has such dedicated and professional police officers.

• Gratefully yours,  
Donna L. Peluso  
Executive Director  
Veterans Park District

## *Dear Mayor Serpico...*

If all your village employees were as dedicated and efficient as John Menolascino, you would have the best in our state.

There hasn't been a time that I requested some help regarding my house and property or a hazardous condition in the neighborhood that John hasn't responded within 15 minutes – he gets things done – no excuses – no unfulfilled promises.

If John needs to notify persons in other village departments to get the job done, he immediately does so. He follows through, always with results.

My gratitude to John Menolascino for his devotion to duty, his utmost respect and wonderful spirit.

Thank you Ron, for all your work in making Melrose Park a village to be proud of and one its residents are lucky to reside in.

• One of them,  
Marge Winslow

***Dear Fire Chief Rick Beltrame...***

Thank you and your paramedics for the services provided recently.

The paramedics were very professional, kind and considerate of all our needs.

Again, thank you ever so much and God bless all of you.

- The Babowice Family

***Dear Chief of Public Safety – Homeland Security Phil Schwartz...***

On behalf of the Veterans Park District, I want to thank you and the Melrose Park Public Safety Department staff for assisting us at Bulger Park during our annual softball tournament. The support of your staff highly contributed to the great success of the tournament.

Please extend my appreciation to your staff for the assistance they provided to our spectators and players of our community.

- Gratefully yours,  
Donna L. Peluso  
Executive Director  
Veterans Park District

***Dear Mayor Serpico...***

I personally want to thank you for taking time out of your busy schedule to attend Triton's 50th Anniversary Kick-Off Celebration on Aug 28. It made this event extra special for me.

Triton College couldn't be all it is today without your support and continued partnership. I appreciated having you present to commemorate the college's 50 years of serving the community.

- Best,  
Dr. Patricia Granados  
President, Triton College

***Dear Police Chief Sam Pitassi...***

I just wanted to take the time to let you know that I sincerely appreciate the act of kindness given to me by Lt. Mark Rieger on Aug. 3.

On that day, I had completed umpiring a set of softball games at the annual softball tournament at Bulger Park. Upon returning to my vehicle on 15th Avenue, I discovered it had been ticketed and towed.

Being unfamiliar with the neighborhood and seeing no signage posted on that block prohibiting parking on the east side of 15th (just south of Hirsch), I was quite surprised and dismayed about my plight.

Although I was a complete stranger to Lt. Rieger, he drove me to headquarters, got my release form and drove me to S & S Towing, and persuaded S & S to release my vehicle.

I will always remember the act of kindness and wanted to share it with you.

- Best regards,  
Thomas McClelland  
Elk Grove Village, Ill.

***Dear Mayor Serpico...***

I would like to thank the Melrose Park Streets and Sanitation Department Director John Menolascino for sending Steve and his team of Cesar and Gino to trim the trees on my parkway.

They did a wonderful and efficient job.

- Thanks again,  
Gary Wegner

***Dear Mayor Serpico...***

On behalf of Sarah's Inn, thank you for your generous Partner level sponsorship for our Stand Tall with Sarah's Inn event. Through your generous support, our staff and volunteers can continue to be a bright light of hope and new beginnings to survivors of domestic violence.

*"I was given support, education and resources.*

*Most importantly, I was offered a voice and a sense of self."*

- Sarah's Inn client, a survivor of domestic violence

This year, Sarah's Inn will assist over 4,000 survivors of domestic violence and their children. Our staff and volunteers will help people find safety, assist families as they heal from the trauma of violence, teach children that they are not doomed to repeat the cycle of violence and help survivors achieve their dream.

In addition, Sarah's Inn prevention, education and training initiatives will educate over 5,000 adults and youth to create a strong network of community response against violence.

Thank you for your generosity and partnership as we work together to improve the lives of those affected by domestic violence and to break the cycle of violence for future generations.

- Sincerely,  
Carol Gall, MA, Executive Director  
Juliet Yera, Development Director

***Dear Mayor Serpico...***

My wife Barbara and I want to personally convey our thanks to you for coordinating the painting of our front railing at our home. We also want to say "thank you" to two of the most wonderful people we have ever met!

Our heartfelt thanks go out to Edwin and Luz Gonzalez from Uturn Christian Center in Northlake. The two of them were so nice and so pleasant to talk to while they painted our railing. We really appreciate all that they did and the railing looks as though it were professionally done!

Please convey our heartfelt thank you to them and Pastor Lawrence Perez for their outreach for seniors in our town. We sincerely appreciate it and want to make sure Edwin and Luz are recognized for their efforts.

Can you please let Arturo Mota know how much we appreciate his relationship with Uturn Christian Center and the work they do through people like Edwin and Luz.

- Very truly yours,  
Michael and Barbara Principe

***Thank  
You!***



***Dear Taste of Melrose Park  
Corporate Sponsors, Sponsors,  
Vendors, Residents, Businesses,  
Police, Fire, Public Safety,  
Village Employees  
and the***

***Hundreds of Volunteers  
Who Made the Taste of 2014  
Tops in the Record Books,***

***Thank You for  
Your Generous Support!***

*Sincerely,*

*Ron Serpico*  
Mayor Ron Serpico



# A Message from Police Chief Sam C. Pitassi



Sam C. Pitassi  
Melrose Park Police Chief



## Telemarketing Fraud is a Crime



### Recognize PHONE FRAUD

Every sales call you get by phone is an opportunity for a gut check: Ask yourself these questions — and if the answers give you some doubt about the caller's intentions or methods, end the call.

**Who's calling — and why?** Telemarketers must tell you it's a sales call, the name of the seller and what they're selling before they make their pitch. If they don't, say "no thanks," and get off the phone.

**What's their hurry?** Fast talkers who use high pressure tactics could be hiding something. Take your time. Most legitimate businesses will give you time and written information about an offer before asking you to commit to a purchase.

**If it's free, why are they asking me to pay?** Question charges you need to pay to redeem a prize or gift. Free is free. If you have to pay, it's a purchase — not a prize or a gift.

**Why am I "confirming" my account information — or giving it out at all?** Some callers have your billing information before they call you. They're trying to get you to say "okay" so they can claim you approved a charge.

**What time is it?** The law allows telemarketers to call only between 8 am and 9 pm. A seller calling earlier or later is flouting the law.

**Do I want more calls like this one?** If you don't want a business to call you again, say so. If they call back, they're breaking the law.



### Report PHONE FRAUD

Recognizing fraudulent callers is important; reporting them to the appropriate law enforcement authorities is critical, too. When you report, you can help stop telephone scammers. Report telephone hucksters to the FTC and your state Attorney General so they can prosecute fraudulent telemarketers who try to steal your money.

If your number is on the National Do Not Call Registry, you should get calls only from those companies with which you do business — or those that have your permission to call. If you get calls from a company you don't have a relationship with — or from a company you have told not to call you — report it. Jot down the name and number of the caller, and the date and time of the call.

To report phone fraud, visit [FTC.gov](http://FTC.gov) or call 1-877-FTC-HELP.

To report violations of the National Do Not Call Registry, visit [DoNotCall.gov](http://DoNotCall.gov) or call 1-888-382-1222.

Your complaint is entered into the Consumer Sentinel Network, a database that is used by law enforcement agencies across the country and around the world. It can help them track down scam artists, detect patterns in their calls, find other victims, and ultimately, stop the fraud.



### Register YOUR NUMBER

You can limit the number of telemarketing calls you receive by placing your phone number on the National Do Not Call Registry. Once your number is registered, feel free to hang up if you get a cold call from a company with which you don't already do business — or report it!

You can register your phone number at [DoNotCall.gov](http://DoNotCall.gov), or by calling 1-888-382-1222 (TTY: 1-866-290-4236) from the number you wish to register. If you register online, you must click on the confirmation email you receive to complete your free registration.

Your registration will not expire. Your number is on the list until you take it off, or your number is disconnected and reassigned to someone else.

Placing your number on the Registry stops most telemarketing calls, but not all. Once your number has been on the Registry for 31 days, you still may get calls from, or on behalf of:

- Political organizations, charities, and pollsters
- Companies with whom you have an existing business relationship
- Companies you've given permission to call

Companies that you do business with may call for 18 months. If you ask a company for information, it may call for three months. However, if you request that the company place your number on its own do-not-call list, it must honor your request. You should keep a record of the date you make the request.

The Registry accepts personal cell phone and home phone numbers. Federal Communications Commission regulations prohibit the use of automated dialers to call cell phone numbers, so most telemarketers won't cold-call consumers on their cell phones — despite urban myths and emails to the contrary.

## Halloween Trick or Treat Hours are 3-7 p.m. • Please Note These Halloween Safety Tips

Everyone loves a good scare on Halloween, but not when it comes to child safety. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury.

### Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down and keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

**On average, children are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year.**

### Trick or Treat With an Adult

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, remind them to stick to familiar areas that are well lit and trick-or-treat in groups.

### Keep Costumes Both Creative and Safe

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.

### Drive Extra Safely on Halloween

- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.
- Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

## WARNING! PARKING REGULATIONS WILL CHANGE EFFECTIVE NOV. 1

Beginning Nov. 1, 2014, Parking Ordinance 10.44.070 will be in full force. Parking restrictions as posted in the village will be strictly enforced.





# Melrose Park Fire Department NEWS

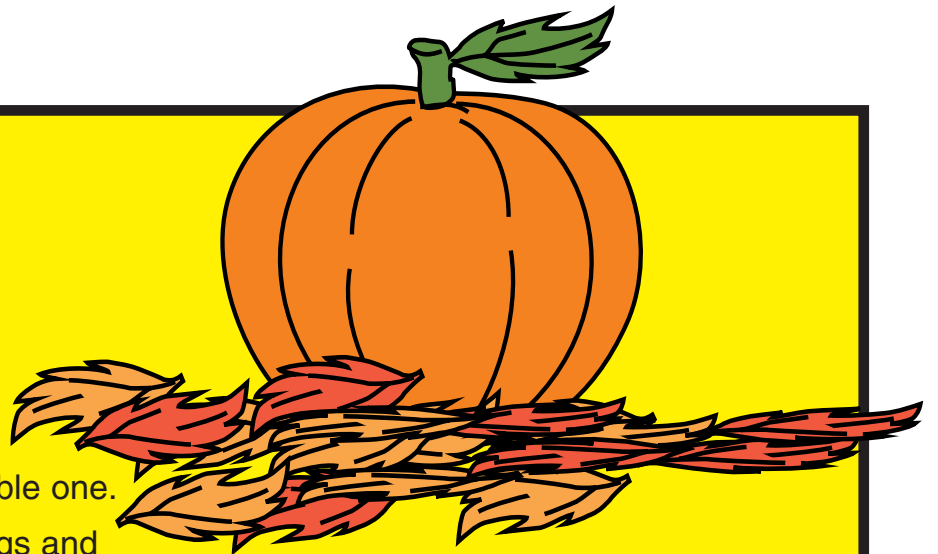


*Rick Beltrame  
Melrose Park Fire Chief*

## A Message from Fire Chief Rick Beltrame

### Fall Safety Tips

Fall is a wonderful time of year with trees showing off their best colors while Halloween parties and harvest festivals add an air of celebration to the season. However, safety always is a concern. Following these tips will help make the season a safe and enjoyable one.



- Keep space heaters away from curtains, other fabric furnishings and combustibles. Make certain the heaters are in well-ventilated areas and that cords are not frayed or damaged. Use only K-1 kerosene in a kerosene heater.
- Keep heaters on firm, stable surfaces where they will not be knocked over easily.
- Change furnace filters and keep boxes and debris away from the furnace and hot water heater.
- Do not leave the clothes dryer running when leaving the house or going to bed.
- Install smoke detectors and carbon monoxide detectors. Change batteries every six months.
- Keep candles on a flat, stable surface and away from curtains, fabrics or paper. Make certain to extinguish candles before leaving the house or going to bed.
- Consider using artificial, battery-operated candles instead of real candles.
- Keep fireplaces and chimneys clean. Always use a protective screen for your fireplace and outdoor fire pits.
- Never leave children unattended around candles, fireplaces, fire pits, heaters, washers and dryers or furnaces.
- Make certain all door locks can be unlocked from the inside without a key.
- Have a fire evacuation plan for your family and designate a safe place to meet after evacuating.
- Have gutters cleared of leaves and debris. Clogged gutters can result in damage to the roof and spillage that causes slippery pavement.
- Clear fallen leaves. Fallen leaves that become wet can cause severe slip-and-fall injuries and auto accidents.
- Make certain Halloween costumes are bright enough to be seen at night, allow for clear vision and do not have excess material that can be tripped over or get caught in doors.
- Have an adult accompany young trick-or-treaters.
- Check all Halloween candy for tampering before eating it.
- All trick-or-treaters should bring flashlights with them.



Advertising Contract



# 2014 Holiday Greeting Ads

Dear community member,

This year *The Rose* (the official newsletter of the village of Melrose Park) is offering an opportunity to purchase a special greeting ad in the Holiday 2014 issue.

Proceeds from these ads will be used to help needy families within the Melrose Park community.

If you are interested in purchasing an ad, please complete this form, attach a copy of your business card or ad copy, and mail it with payment to:

**The Rose c/o Village of Melrose Park • 1000 N. 25th Ave. • Melrose Park, IL 60160**

All ads must be received on or before Tuesday, Dec. 2, 2014. For more information, call (708) 343-4000, Ext. 4448.

## Size/Rate

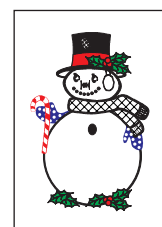
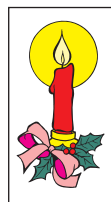
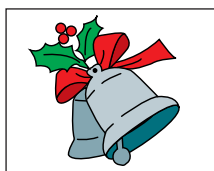
**Business Card Size .....\$35**

## Greeting (Please check)

☐ Season's Greetings    ☐ Happy Holidays    ☐ Merry Christmas and Happy New Year

## Art Element (Please check)

☐ Bells    ☐ Candle    ☐ Gift    ☐ Santa    ☐ Snowman    ☐ Tree



Date \_\_\_\_\_

☐ Paid (Check attached)

Payment authorized by \_\_\_\_\_  
(Client signature)

Charge to: Name \_\_\_\_\_

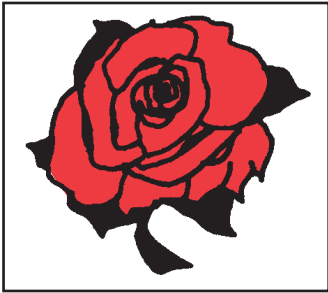
Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

*Thank you in advance.  
Your generosity is greatly appreciated!*





# Village of Melrose Park Public Works Report

*From the Desk of  
Gary Marine,  
Director of Public Works*

## 2014 Streetscape Enhancements, Division Street Gateway

The streetscape enhancement for the Division Street Gateway will be starting in the near future. See illustration (left) which shows design and location.

## Parking Lot Construction

Constructing a brand new municipal lot on east side of 25th Avenue across from the Civic Center and football field. This parking lot will be utilized for parking for football games, soccer games, the Taste of Melrose Park, HispanoFest and other events held at the Civic Center.

## Streets Repaved

The following streets are being repaved this year:

Thomas – 36th to 31st Avenue	Caryl – Lake St. to Soffel
Cornell – North Avenue to Armitage	Park Dr – 14th to Ninth Avenue
Hirsch – 14th to Ninth Avenue	Division – 31st to De Prizzio Dr.
10th Ave. – Augusta to Iowa	Norwood – 14th to Ninth Avenue
Soffel Ave – 35th to 31st Avenue	Grant – Davis to Winston Dr.
33rd Avenue – Soffel to LeMoyné	

## New Streetlights

The old high pressure sodium vapor streetlights are being replaced with new LED lights. In comparison to the old vapor lights the new LED lights provide improved illumination performance, consume less energy and require less maintenance than traditional lighting solutions. This government program will provide brighter illumination deterring crime and does not cast shadows. Approximately 1600 lights have been changed to the new LED lighting.

## Fall Leaves Pickup

Leaves must be raked and placed in a 30 gallon container with a landscape sticker. Other landscaping, garden waste or additional leaves are to be placed in container with sticker or biodegradable bags. Leaves are not to be dumped or raked on the street or alley. Pickup for landscaping waste will be picked up on the second pickup of the week.

## Nicor Gas Phase 2

Nicor Gas Phase 2 is still upgrading gas supply services in all homes in the village. This program and restoration of parkways and sidewalks should be ongoing throughout the winter.

## Sidewalk Program

The 2014 Sidewalk Program has been completed. If you would like to participate in the 2015 Sidewalk Program and request sidewalk square replacement, please call the Public Works Department at (708) 343-5128 for more information.

## TV Pickup

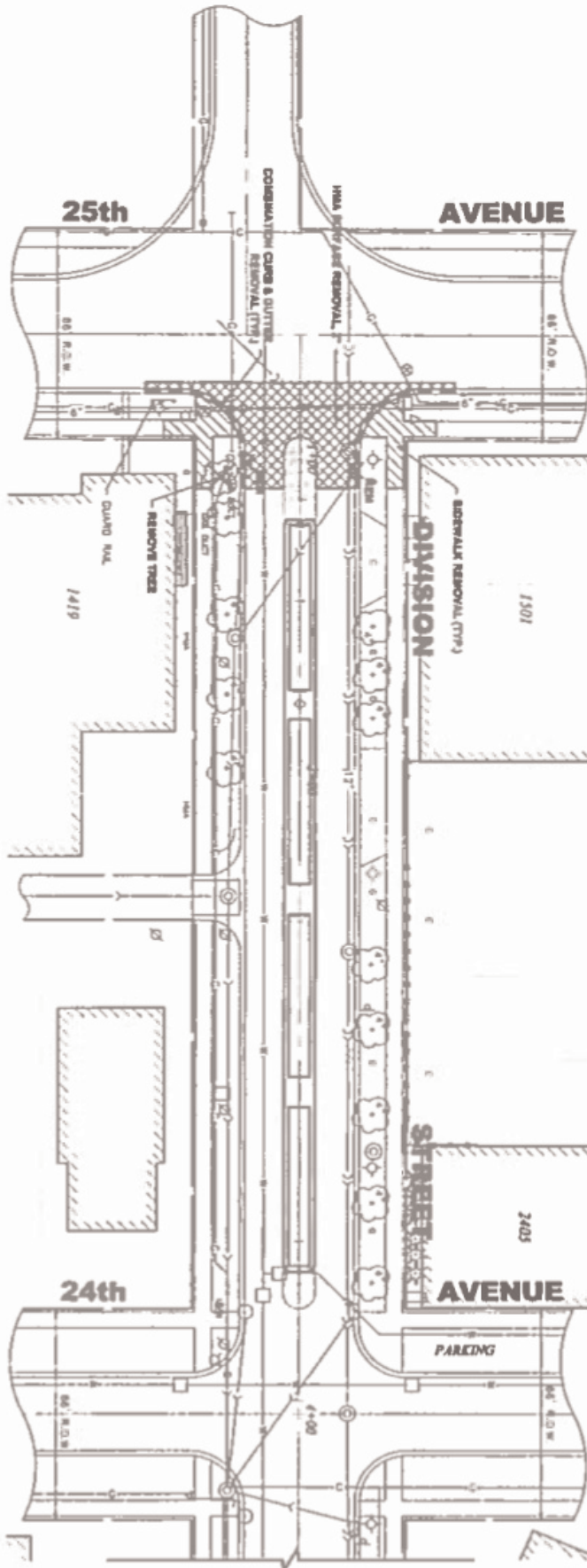
For TV pickup, please call and make arrangements with the Public Works Street Department for pickup before putting out your TV.

## Snow Routes

Please follow all snow route signs throughout the village streets. Please remove your vehicle from the snow route when 2 inches or more of snow falls. This will help expedite snow removal quickly.

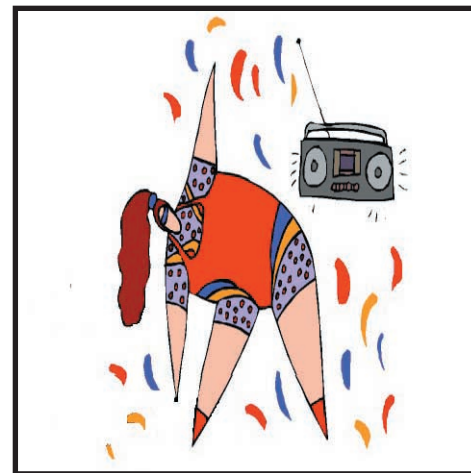
## Snow Removal Program for Disabled with Special Needs and Seniors 65 and older

If 6 inches of falling snow is predicted, please call (708) 649-4450 for information.



**It was a productive summer for the Public Works Department and with Mayor Serpico's guidance, all village summer projects have been successfully completed. The Public Works employees are busy preparing all plows for the first snowfall and the winter months ahead.**

# Free Exercise for Melrose Park Seniors



*Come Join in the Fun with  
Instructor Barb Rubright  
of Rubes Garage!*

**Monday-Friday • 9-10 a.m.**

**Melrose Park Senior Center  
900 N. 25th Ave. • Melrose Park**

For more information, please call (708) 343-4000, Ext. 4448.





# Village of Melrose Park Senior Club News

*From the Desk of Peggy DiFazio,  
Director of Senior Services,  
Special Events and  
Taste of Melrose Park*

Nov. 17 • Dec. 11

Meeting dates are scheduled that include lunch meetings and coffee and ... meetings. Bingo will be played at all meetings. Registration must be made two weeks prior to meeting date.

## Registration for New Memberships

We're looking for new members to join our club and we're inviting current members to renew their memberships.

You must be 55 years or older and a Melrose Park resident. Cost is \$10 per year and includes a picture ID. Each meeting cost \$5 per person and includes lunch, informative speakers and more. Preregistration for meetings is required.

It's a good place to make new friends and renew old ones.

For membership information, call (708) 343-4000, Ext. 4448.

## Senior Services

Need help with Medicare, circuit breakers, etc.? Need sources for home health care, equipment, etc.? Have questions you need resources for? We can help.

Call Peggy DiFazio at (708) 343-4000, Ext. 4448.

## Mayor Serpico Offers New, Free Painting Program for Seniors

Mayor Serpico recently announced the village of Melrose Park will offer a free residential painting program for individuals 65 years of age and older who reside and own a single family home in Melrose Park.

Those who qualify and need light paint work around their homes – fences, garage doors, railings, etc. – are encouraged to complete the MP Painting Program Request Form and mail it to:

Village of Melrose Park, Attn: Patti Dindia,  
1000 N. 25th Ave., Melrose Park, IL 60160



### Mayor Serpico's MP Painting Program Request Form

Please print clearly.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Item(s) to be painted (please circle): Fence Garage Door Railings

Other: \_\_\_\_\_

# Melrose Park Senior Club 2015 Renewals

*It's that time of the year to  
renew memberships  
for calendar year 2015.*

*Senior Club members,  
your memberships must be  
renewed before the 2015 meeting.*

*To renew, please complete the  
Melrose Park Senior Club  
2015 Membership Renewal Form  
and mail it with your renewal fee of \$10 to:*

**Village of Melrose Park**

**Attn: Peggy DiFazio**

**1000 N. 25th Ave.**

**Melrose Park, IL 60160**

Please make checks payable to the Melrose Park Senior Club.



### Melrose Park Senior Club 2015 Membership Renewal Form

Please print clearly.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact  
Phone \_\_\_\_\_

Birthdate \_\_\_\_\_

# Melrose Park Public Safety News

From the Desk of  
**Philip C. Schwartz,**  
Chief of Public Safety –  
Homeland Security



For more information,  
please call  
**Melrose Park  
Public Safety ~  
Homeland Security**  
at (708) 649-8000,  
or visit us on the  
World Wide Web at  
**www.mpdhs.us.**

# Are You Prepared for Winter Weather?

Winter weather too often catches people unprepared. Researchers say that 70 percent of the fatalities related to ice and snow occur in automobiles and about 25 percent of all winter related fatalities are people that are caught off guard, out in the storm. What winter weather preparations are being made in your area and what are the appropriate steps to take that will ensure your winter weather safety? Help your readers, viewers and listeners make sure their homes and cars are ready for the worst winter has to offer.

## Winter Weather Watches, Warnings and Advisories – What Do They all Mean?

The National Weather Service uses specific winter weather terms to ensure that people know what to expect in the coming days and hours. A Winter Storm Watch means that severe winter conditions, such as heavy snow and/or ice, may affect your area, but its occurrence, location and timing are still uncertain. A Winter Storm Watch is issued to provide 12 to 36 hours notice of the possibility of severe winter weather. A Winter Storm Watch is intended to provide enough lead time so those who need to set plans in motion can do so. A watch is upgraded to a Winter Storm Warning when 4 or more inches of snow or sleet is expected in the next 12 hours, or 6 or more inches in 24 hours, or 1/4 inch or more of ice accretion is expected. Winter weather advisories inform you that winter weather conditions are expected to cause significant inconveniences that may be hazardous. If caution is exercised, advisory situations should not become life-threatening. A Blizzard Warning means that snow and strong winds will combine to produce a blinding snow (near zero visibility), deep drifts and life-threatening windchill. Be sure to listen carefully to the radio, television and NOAA Weather Radio for the latest winter storm watches, warnings and advisories.

## Why is Predicting the Exact Amount of Snowfall So Challenging?

Snow forecasts continue to improve, but they remain a challenging task for meteorologists. Heavy snow often falls in small bands that are hard to discern on larger resolution computer models. In addition, extremely small temperature differences define the boundary line between rain and snow.

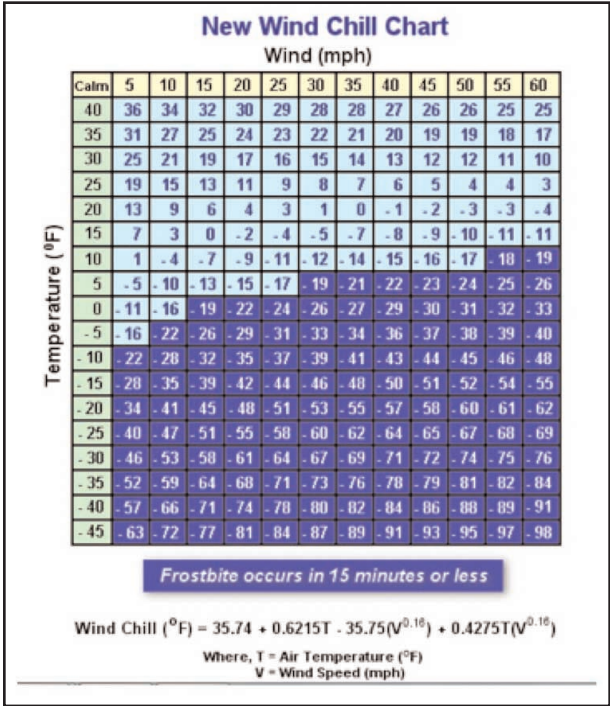
## What is Wind Chill?

One of the gravest dangers of winter weather is windchill. The windchill is based on the rate of heat loss from exposed skin by combined effects of wind and cold. As the wind increases, heat is carried away from the body at an accelerated rate, driving down the body temperature. Animals are also effected by windchill.

# About Winter Storms...

Winter storms can range from a moderate snow over a few hours to a blizzard with blinding, wind-driven snow that lasts for several days. Some winter storms are large enough to affect several states, while others affect only a single community. Many winter storms are accompanied by dangerously low temperatures and sometimes by strong winds, icing, sleet and freezing rain.

Regardless of the severity of a winter storm, you should be prepared in order to remain safe during these events.





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## Know the Difference

**Winter Storm Outlook** – Winter storm conditions are possible in the next two to five days.

**Winter Weather Advisory** – Winter weather conditions are expected to cause significant inconveniences and may be hazardous. When caution is used, these situations should not be life threatening.

**Winter Storm Watch** – Winter storm conditions are possible within the next 36 to 48 hours. People in a watch area should review their winter storm plans and stay informed about weather conditions.

**Winter Storm Warning** – Life-threatening, severe winter conditions have begun or will begin within 24 hours. People in a warning area should take pre-cautions immediately.

## How to Prepare for a Winter Storm

- Winterize your vehicle and keep the gas tank full. A full tank will keep the fuel line from freezing.
- Insulate your home by installing storm windows or covering windows with plastic from the inside to keep cold air out.
- Maintain heating equipment and chimneys by having them cleaned and inspected every year.
- If you will be going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55° F.

## Put Together a Supply Kit

- Water – at least a three-day supply; one gallon per person per day.
- Food – at least a three-day supply of non-perishable, easy-to-prepare food.
- Flashlight.
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible).
- Extra batteries.
- First aid kit.
- Medications (seven-day supply) and medical items (hearing aids with extra batteries, glasses, contact lenses, syringes, etc.).
- Multipurpose tool.
- Sanitation and personal hygiene items.
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies).
- Cell phone with chargers.
- Family and emergency contact information.
- Extra cash.
- Baby supplies (bottles, formula, baby food, diapers).
- Pet supplies (collar, leash, ID, food, carrier, bowl).
- Tools/supplies for securing your home.
- Sand, rock salt or non-clumping kitty litter to make walkways and steps less slippery.
- Warm coats, gloves or mittens, hats, boots, and extra blankets and warm clothing for all household members.
- Ample alternate heating methods such as fireplaces or wood- or coal-burning stoves.

# Protect Your Pets During Snowstorms

## Make Sure Your Pets are Prepared for Winter Weather

Winter weather can be hard on all of us. It can be particularly difficult on our pets that rely on us for their well-being, especially for outdoor dogs and cats. To help keep your entire family safe and warm, the American Red Cross has winter safety reminders for both you and your pets.

## Pet Safety in the Winter

- If possible, bring your pets inside during cold winter weather. Move other animals or livestock to sheltered areas and make sure they have access to non-frozen drinking water.
- If the animals are outside, make sure their access to food and water is not blocked by snow drifts, ice or other obstacles.

**The following tips on winter pet safety are provided by the Humane Society of the United States:**

- If pets cannot come indoors, make sure they are protected by a dry, draft-free enclosure large enough to allow them to sit and lie down, but small enough to hold in the pet's body heat. Raise the floor a few inches off the ground and cover it with cedar shavings or straw. Turn the enclosure away from the wind and cover the doorway with waterproof burlap or heavy plastic.
- Salt and other chemicals used to melt snow and ice can irritate a pet's paws. Wipe their paws with a damp towel before your pet licks them and irritates their mouth.
- Antifreeze is a deadly poison. Wipe up spills and store antifreeze out of reach.

**For more information, contact the  
Melrose Park Departments of Homeland Security and Public Safety  
at (708) 649-8000 or visit our Web site at [www.mpdhs.org](http://www.mpdhs.org).**

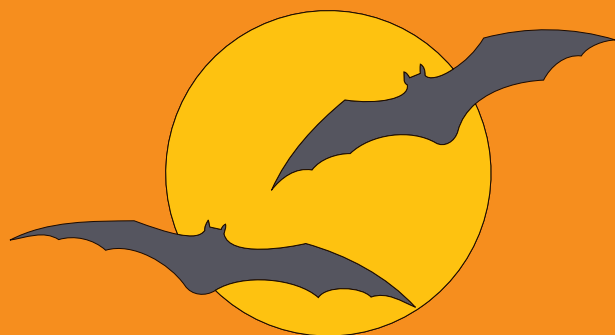


# Melrose Park Public Library

In Person. Online. We Bring You the World.



## Horror Read-Out!



Here is your opportunity to “act-out” in the Library.

Select your favorite scary short story or an excerpt from a thriller, mystery or horror novel to read and/or perform in our “haunted” basement. All ages welcome, children under 7 must be accompanied by an adult.

Got stage fright? Sit back for a spine-chilling experience as you watch Library staff and patrons perform dramatic readings of classic folklore and horror.

Hot chocolate and other tricky treats will be served.

**Thursday, Oct. 30, 6-7 p.m.**

## MPPL BookLook: Local History



### *A Tear and a Tear in My Heart*

by Bernard J. Bruno



Check out this entertaining slice of local history authored by attorney and long-time Melrose Park resident, Bernard J. Bruno.



@ the MPPL

**Saturday, November 15: 11am**



[www.MPPLibrary.org](http://www.MPPLibrary.org)

801 N Broadway, Melrose Park, IL 60160



[mps@mpplibrary.org](mailto:mps@mpplibrary.org)

(708)343-3391

**Mon-Thu: 9 a.m. - 9 p.m.**

**Fri: 9 a.m. - 5 p.m.**

**Sat: 10 a.m. - 2 p.m. Closed Last Sat of Each Month**

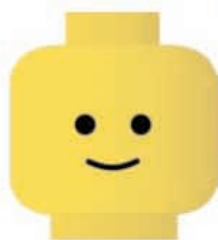
**Sun: Closed**





**Melrose Park Public Library**  
In Person. Online. We Bring You the World.

# Youth Services



## Lego Club

Join us for some new exciting adventures in Lego Club! The library will supply the Legos, you bring your imagination! Kids in grades K-6<sup>th</sup> are invited to attend; kids ages 3-5

must attend with a parent.

*Tuesdays, Nov. 4 and Dec. 2 from 4-5 p.m.*

## Arts & Crafts

It's time to get out your creative side! The library is hosting a monthly craft event for kids in grades K-6<sup>th</sup> to make a special treasure to take home. Crafts are limited to 15 kids; be sure to register early to reserve your spot!

*Tuesdays, Oct. 21, Nov. 18 and Dec. 9  
from 4-5 p.m.*



## Afternoon Storytime

Join us once a month for songs, rhymes, crafts, and lots of great books in our storytimes. This program is for children ages 3-7 years old.

*Wednesday, Nov. 19 from 4-5 p.m.*

## Stay and Play

Join our new lively and interactive playtime for great fun with books, music, puzzles and toys. For families with children 5 years old or younger.

*Thursdays, Now through Nov. 20  
from 10-11 a.m.*



## Pajama Storytime

Bring your family to the library for a quiet storytime just before bed! Families with children ages 7 and younger are invited to come to the library in their pajamas to hear some stories, rhymes, and songs.

*Tuesdays, Oct. 28 and Nov. 25  
from 6-6:30 p.m.*



## Family Movie Night

Spend an exciting evening at the library with your family and friends, watching a special movie and enjoying some snacks! For all ages.

*Wednesdays, Nov. 5 and Dec. 3  
from 5-7 p.m.*



All programs at the library are **free**, and registration is required. To register, call Youth Services at (708) 343-3391. ext. 7484.



[www.MPPLibrary.org](http://www.MPPLibrary.org)



801 N Broadway, Melrose Park, IL 60160  
mps@mpplibrary.org  
(708)343-3391

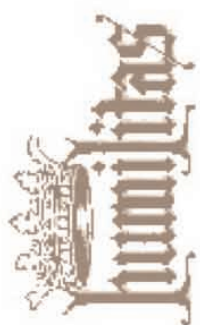
**Mon-Thu:** 9 a.m. - 9 p.m.

**Fri:** 9 a.m. - 5 p.m.

**Sat:** 10 a.m. - 2 p.m. Closed Last Sat of Each Month

**Sun:** Closed





## The Missionary Sisters of St. Charles Borromeo Provincial Guild 2014 Annual Dinner-Dance

**SATURDAY, NOVEMBER 8**



This year's  
Frank A.  
Mungo Award  
Honoree is  
**Frank  
Nocita**

Mother Caetana  
Borsatto In Memoriam  
Award Honoree  
**Phyllis B.  
DiMaio**



*Tickets: \$65 Each*

*Villa Brunetti Banquets • 9755 W. Grand Ave., Franklin Park  
Cocktails, 6-7 p.m. • Dinner, 7:30 p.m.      Raffles • Entertainment*

FOR TICKETS AND AD BOOK INFORMATION, CONTACT  
GINA SERPICO, 708-514-3018, OR MARY ANN PAOLANTONIO, 708-473-8541.

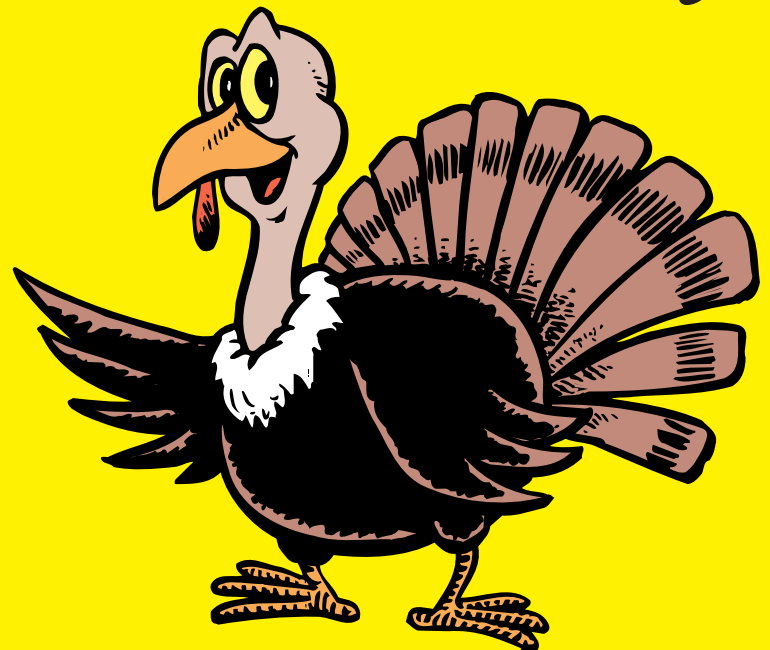
ALL PROCEEDS BENEFIT THE MISSIONARY SISTERS.

# Mayor Serpico's *Free*

# Thanksgiving

## *Dinner Delivery*

*For seniors (65 and older),  
and disabled residents  
with special needs  
who have nowhere  
to spend the holidays.*



Mayor Serpico and the village of Melrose Park are now accepting reservations to deliver free Thanksgiving dinners to seniors (65 and older) and disabled residents on Thursday, Nov. 27.

Sit at home, watch football and enjoy the holiday.  
Let us provide all the trimmings.

We will deliver a meal that will bring the holiday aromas into your home.  
The day will be filled with warmth, holiday cheer and a feast to remember.

**TO MAKE A DELIVERY RESERVATION, YOU MUST COMPLETE THE  
THANKSGIVING DINNER RESERVATION FORM AND MAIL IT TO:**

**Village of Melrose Park, Thanksgiving Delivery,  
1000 N. 25th Ave., Melrose Park, IL 60160**

Reservation must be received on or before Nov. 3, 2014.

Meals will be delivered between 11:30 a.m. and 1:30 p.m.

You must be home to accept the meal. Maximum two per household.

For more information, please call (708) 343-4000, Ext. 4448.



### **Mayor Serpico and the Village of Melrose Park Thanksgiving Dinner Reservation Form**

**TO MAKE A DELIVERY RESERVATION, YOU MUST  
COMPLETE AND MAIL THIS FORM. PLEASE PRINT CLEARLY.**

Name \_\_\_\_\_

Address \_\_\_\_\_

Apt. # \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_

Please check: ☐ Senior ☐ Disabled ☐ One Meal ☐ Two Meals



# Melrose Park Sports & Fitness Club

## *Fitness for All Ages*

1000 N. 25th Ave., Melrose Park • (708) 450-0555

### BOXING

Instruction by retired professional Rocky DiFazio  
Tuesdays and Thursdays • 4-9 p.m.  
Saturdays • 10 a.m.-2 p.m.

### AEROBICS

Instruction by Lena  
Step • Mondays, Wednesdays and Fridays • Noon-1 p.m.  
Sr. Exercise (Low Impact) by Barb Rubright  
Monday-Friday  
9-10 a.m. • Senior Center

### MARTIAL ARTS

Monday-Friday • Residents – \$50, Nonresidents – \$60  
For additional information,  
call (708) 450-0555.

### ROOM RENTALS

#### Multi-purpose Room

Birthdays • Anniversaries • Graduations  
Religious Celebrations  
Weddings • Business Meetings • Etc.

150 Maximum Capacity

Days and Nights Available  
Mondays-Saturdays • 9 a.m.-Midnight  
Sundays • 9 a.m.-7 p.m.

Rentals Include:

Four Hours • Setup of Table and Chairs  
Security • Use of Kitchen and Ice Machine

**HALL RENTALS ARE ALSO AVAILABLE  
IN THE SENIOR BUILDING (900 N. 25th Ave.)**

Call (708) 450-0555 for info.

### CYBEX AND NAUTALUS MACHINES

#### Crunching Machines

Wrist and Forearm • Arm • Abdominal • Shoulder Fly  
• Chest Press • Rowing • Lateral Pulldown  
Lifefitness Treadmills • Gauntlet Stairmasters  
Life Cycle Bikes • Free Weights

Come visit our surrounding park.  
Perfect for taking pictures for all occasions.  
Stop by our front desk and we can answer any questions  
you may have about your next party or event.

We can accommodate most party requests.

**For more information, call (708) 450-0555.**

Summer Hours (Memorial Day-Sept. 30)

Weekdays – 7 a.m.-8 p.m. • Weekends – 9 a.m.-2 p.m.

Winter Hours (Oct. 1-Memorial Day)

Weekdays – 7 a.m.-10 p.m. • Weekends – 9 a.m.-5 p.m.



# *Village of Melrose Park*

## **Mayor Serpico's Snow Removal Program for Senior and Disabled Residents**

***Save time and worries when the snow begins!***

This service is offered to seniors (65 and older), disabled with special needs  
and those who have no family or neighbors to help.

At 6 inches or more of predicted falling snow, your name will be added to the snow removal list.

We will do a path from your front door to the street and a swipe of your driveway.  
Single family homes only – no alleys.



TO RESERVE SERVICES FROM THE  
VILLAGE OF MELROSE PARK SNOW REMOVAL PROGRAM  
FOR THE FULL WINTER SEASON,  
YOU MUST COMPLETE AND MAIL THE  
MAYOR SERPICO AND THE VILLAGE OF MELROSE PARK  
SNOW REMOVAL RESERVATION FORM TO:  
Village of Melrose Park, Snow Removal,  
1000 N. 25th Ave., Melrose Park, IL 60160



### **Mayor Serpico and the Village of Melrose Park Snow Removal Reservation Form**

TO RESERVE SERVICES, YOU MUST COMPLETE AND MAIL THIS FORM. PLEASE PRINT CLEARLY.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Age \_\_\_\_\_

For more information,  
please call  
(708) 649-4450.

# MELROSE PARK YOUTH COMMISSION

1000 N. 25th Ave. • Melrose Park, IL 60160 • (708) 343-2015



## Holiday Season Night time **CampFun**

**REGISTER NOW! CAMP BEGINS NOV. 19!**



The Melrose Park Youth Commission is holding a special holiday-themed Night-time Camp Fun for children 4-7 years of age.

The program includes a number of arts and crafts activities, movies and more, filled with seasonal fun as well as special visit from Santa.

Our Night-time Camp Fun runs three nights a week (Mondays-Wednesdays, 6:15-8:30 p.m.) Nov. 19-Dec. 22.

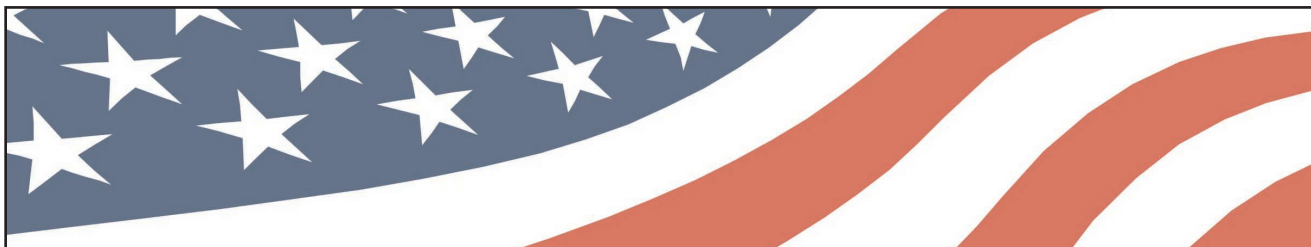
Cost is \$25 per child for Melrose Park residents and \$100 per child for nonresidents

Why not join us? Come on and have some holiday fun.

Registration can be made at the Youth Commission located on the first floor of the Melrose Park Civic Center, Mondays-Fridays.

**For more information, call (708) 450-0555.**

## We Appreciate Your Support!



**Mayor Ronald M. Serpico/  
Melrose Park  
Youth Commission  
Avenue of Flags**

This summer Mayor Serpico and the Melrose Park Youth Commission launched Melrose Park's Avenue of Flags campaign.

Flags representing the United States of America, the state of Illinois, the village of Melrose Park, branches of the military and POW/MIA were displayed on light-poles within the village.

The intent of this Youth Commission project is to continue the beautification efforts of Mayor Serpico – enhancing and providing a new, respectful and fascinating look to our streets.

Contributions are still being accepted and additional flags will be flying in the spring.

Donations of any amount to support this creative project are appreciated and can be sent to: Village of Melrose Park/Avenue of Flags, 1000 N. 25th Ave., Melrose Park, Ill. 60160.

Please make checks payable to the Melrose Park Youth Commission or Melrose Park Sports & Family Benefit Fund.

For additional information, please call the Youth Commission at (708) 450-0555.



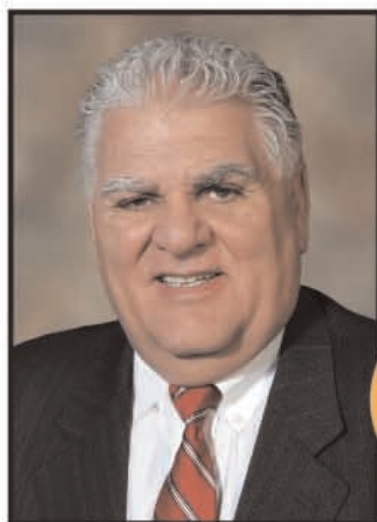
*You're Invited ... Please Join Us!*

**Triton College  
FOUNDATION  
PRESIDENT'S RECEPTION**



*The Triton College Foundation Cordially Invites You to Celebrate the  
22nd Annual Foundation President's Reception*

*Honoring*



**Ronald M. Serpico**

**Mayor**

**Village of Melrose Park**

**Diane Viverito**

**Secretary**

**Triton College Board of Trustees**

***Wednesday, Nov. 19, 2014 • 6-9 p.m.***

*Featuring the culinary talents of Triton's Hospitality students and local restaurants.*

*Triton College Student Center (B Building, West Campus) • 2000 Fifth Ave. • River Grove, Illinois*

*Tickets: \$60 per person • Table of Eight: \$440 (\$55 per person table discount)*

*Sponsorship opportunities and ad book reservations are also available.*

*Donations of silent auction items are appreciated.*

**To purchase tickets or for sponsorship/ad book/silent auction details,  
please call Triton College Foundation President Tommy Olson,  
(708) 456-0300, Ext. 3758, or send an e-mail to [tcfoundation@triton.edu](mailto:tcfoundation@triton.edu).**

Visit the Triton College Foundation website for updates – [www.triton.edu/foundation](http://www.triton.edu/foundation).

**The Triton College Foundation is a 501(c)(3) not-for-profit organization.**



# EMERGENCY CONTACT DATABASE



The Illinois Secretary of State's Emergency Contact Database allows you to enter emergency contact information, as well as disability/special needs information, into a voluntary, secure database at no charge. In the event you are involved in a motor vehicle crash or other emergency where you are unable to communicate, law enforcement can access this information and notify your designated emergency contacts, as well as provide any helpful information to emergency/medical personnel at the scene.

For more information or to join the  
**EMERGENCY CONTACT DATABASE:**

***WWW.CYBERDRIVEILLINOIS.COM***



Printed on recycled paper.

Printed by authority of the State of Illinois. March 2013 — 600M — DSD A 222.3...

## Illinois Secretary of State Emergency Contact Database

- There is **NO FEE** to enroll in the Emergency Contact Database.
- Anyone who has an Illinois driver's license, instruction permit or state ID card can voluntarily enter his or her emergency contact information in the Emergency Contact Database.
- You may select one or two people as emergency contacts. Emergency contacts do not need to reside in Illinois. It is your responsibility to notify the individuals you have listed as emergency contacts.
- You may add, modify or delete information at any time at [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com). Any modifications or deletions will overwrite all previously entered information. For privacy and security purposes, previously entered information is not displayed.
- Only law enforcement may access this information and use it only in the case of an emergency when you are unable to communicate with them directly.



**JESSE WHITE**  
SECRETARY OF STATE



# Taste of Melrose Park Celebrates 33rd Anniversary

Mayor  
Ronald M. Serpico



Mayor  
Serpico  
Thanks You  
for  
Supporting  
Another  
Successful  
Melrose  
Park  
Event



Photos by Terry Saether.





**Mayor  
Ronald M. Serpico**

**2014**  
*Taste of Melrose Park*

.....  
Celebrating  
Our 33rd Year



Photos by Terry Saether.





Photos by Terry Saether.

Mayor  
Ronald M. Serpico

**2014**  
Taste of Melrose Park

Celebrating  
Our 33rd Year

**Thank You**

**Gracias**

**Grazie**

**DZIEKUJE**

**Merci**

**Danke**

**Aciu**

**Kamsamnida**

**Dŷmo arigatŷ**

**Go raibh mile  
maith agat**

**Obrigado**

**Shokron**

**THINKS, MOITE**

*Tak*

**Dank U wel**

**Kiitos**

**Efharisto**

**Toda**

**SPASIBO  
BALSHOYE**

**Hvala**

**Ahsante Sana**

Mayor  
Ronald M. Serpico

**2015**  
Taste of Melrose Park

Celebrating  
Our 34th Year

**Celebrate the Taste of Melrose Park 2015!**

**Labor Day Weekend • Friday-Sunday, Sept. 4-6, 2015**

For more information, please e-mail Peggy DiFazio at  
[taste@melrosepark.org](mailto:taste@melrosepark.org).



# Veterans Park District

## Programs & Happenings

### Especially for Seniors

#### Drury Lane Presents *CAMELOT*, Thursday Dec. 4

Timeless! This medieval classic remains a masterpiece and winner of four Tony awards. Enjoy lunch at Drury Lane's lovely dining rooms that will include entrée, salad and dessert. Menu choice of roast strip loin with a merlot wine sauce or chicken breast with Marsala sauce, salad and meal sides, and dessert and coffee. Departing from Cimbaló, Melrose Park at 10:15 a.m. and returning about 5:30 p.m. The fee is \$59.

#### Chicago Botanic Garden Wonderland (Ages 21-99)

Take a magical adventure to a winter wonderland indoor exhibit. Lunch at the Botanic Garden will include a salad, slow cooked beef brisket with caramelized onion, red skin potatoes, pasta Alfredo, maple-glazed carrots and pumpkin pie with vanilla bean ice cream. Monday, Dec. 15. Departing from Cimbaló, Melrose Park at 9 a.m. The fee is \$65. For more information, please call (708) 343-5270.

#### Chili & Hot Potato Bingo

It's hot potato day and were adding a bowl of chili to this old favorite. Just think of a jumbo baked potato and now add all the trimmings to make it just the way you like it. Top this chili baked potato lunch with a fabulous bakery fresh dessert. Yum!

Following lunch we will play Bingo for prizes. Hot coffee, tea or soft drinks are included. Thursday, Nov. 6 at noon at Bulger Park. Please register soon for this Bingo to secure your spot. The fee is \$8.

#### Bunko & Pizza

We are a small group gathering with friends in Cimbaló's World War II Museum at 1203 N. 24th Ave., Melrose Park. We play Bunko for prizes and serve a pizza lunch. Monday, Nov. 17 at 11 a.m. Please call to register. The fee is \$6.

### Special Recreation/Special Olympics

#### Snowshoe Training

Ages: 8 and up Population: EMH, DD, AUT

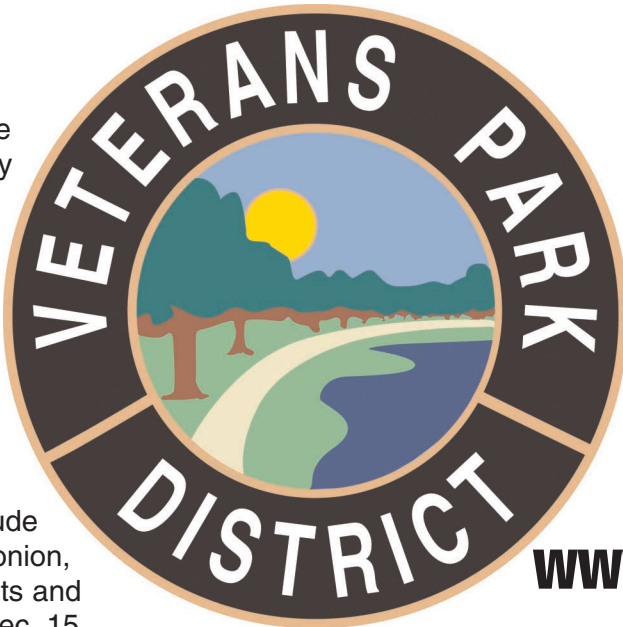
The Veterans Park District snowshoe team is looking for athletes that would enjoy learning the fun winter sport of snowshoeing. If you can walk, you can snowshoe. Join us for great exercise, fun and friendship. We can snowshoe on grass or snow. Please dress for the weather, including hat, gloves and gym shoes. We will be outside for all practices. You must have a current medical application on file with Illinois Special Olympics before you can start practicing. The district competition is in January and the state games are at the end of January or beginning of February, in Galena, Ill. Days: Tuesdays Dates: Oct. 21-Dec. 16 (No practice on Nov. 11.)

Time: 6:15-7:15 p.m. Location: Grant Park

Fee: \$32 In District, \$36 Out of District

Busing: \$12 (Available for in-district residents only, on a first-come basis.)

Bus pickup is between 5-6 p.m.



For more  
information on  
Veterans Park District  
events and activities,  
call (708) 343-5270

or visit

[www.veteransparkdistrict.org](http://www.veteransparkdistrict.org).

Veterans Park District  
in partnership with  
Melrose Park Youth Commission  
presents

# FRIGHT NIGHT

Friday, October 24  
5-7pm Bulger Park  
1601 Hirsch, Melrose Park  
Doors open at 5pm

Free Family Event (kids ages 11 & under)

Haunted House  
Pumpkin Jump House  
Ghostly Crafts & Ghoulish Games  
Costume Parade

Children receive a goody bag & hot dog (while supplies last)  
Hot Dogs and snacks available for purchase.

708-343-5270 / [www.veteransparkdistrict.org](http://www.veteransparkdistrict.org)





# VETERANS DAY

Observance  
Ceremony

Friday, November 7  
10:00 AM

Bulger Park, 1601 Hirsch, Melrose Park

708-343-5270 / [www.veteransparkdistrict.org](http://www.veteransparkdistrict.org)



## Veterans Park District



### Annual **Holiday Food Drive** 2014

Please bring nutritious, non-perishable canned or packaged foods (no glass).

Collecting donations at the following VPD facilities from

**October 1 - December 14**

Grant Park Recreation Center, 44 W. Golfview, Northlake

Bulger Park, 1601 Hirsch, Melrose Park

George A. Leoni Complex, 800 N. 17th. Ave., Melrose Park



donations are distributed to local community food pantries



708-343-5270 [www.veteransparkdistrict.org](http://www.veteransparkdistrict.org)



## Veterans Park District

Annual

# Toy Drive

2014



Drop off New toys or games for girls & boys  
ages 1-13 at the following locations:

October 1 - December 14

Grant Park Recreation Center, 44 W. Golfview, Northlake

Bulger Park, 1601 Hirsch, Melrose Park

George A. Leoni Complex, 800 N. 17th. Ave., Melrose Park

708-343-5270 [www.veteransparkdistrict.org](http://www.veteransparkdistrict.org)



## Veterans Park District



**Saturday, December 20  
10am**

Bulger Park, Melrose Park

Hot Breakfast,  
Gingerbread House  
(one per family),  
Gift from Santa for  
each child under 11,  
Hot Chocolate Bar  
& Visit with SANTA  
CLAUS

### Registration Opens

November 1 In District

November 15 Out of District (fees apply)

\$10 Ages 3-10

\$15 Ages 11 - Adult

Under 3 free

Preregistration is necessary to guarantee a  
gingerbread house for each family

Registration Deadline December 12

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## What's Coming Up at Triton College

The following are events coming up at Triton College. All of the events listed are free and open to the public and will take place on Triton's River Grove campus, located at 2000 Fifth Ave., unless otherwise stated.



### Oct. 20-Nov. 21

#### **Berwyn Art League, Fine Arts Gallery, Room J-107 (J Building)**

The Berwyn Art League presents their annual show that will include a diverse body of work in many media. A public reception is scheduled for 7 p.m., Nov. 21 in the gallery. For more information, call (708) 456-0300, Ext. 3506, or visit [www.triton.edu/entertainment](http://www.triton.edu/entertainment).

### Oct. 23

#### **Inside Secrets of the Job Search Workshop, 6-7:30 p.m., Triton College University Center (Room B-111) of the Student Center**

The secret is out! Come learn "secret" job seeking tips to put you ahead of the competition at this workshop. Learn about tips for customizing your resume, effective networking skills, strategies for building interviewing confidence and how to follow up after an interview. The workshop is free and open to the community. Refreshments will be served. For more information or to RSVP, call (708) 456-0300, Ext. 3382, or e-mail [alumni@triton.edu](mailto:alumni@triton.edu).

### Oct. 23-26

#### **Triton College Performing Arts Department presents "The Zoo Story" & "The Sandbox," Cox Auditorium, Room J-108 (J Building)**

Triton College's Performing Arts Department will perform Edward Albee's "The Zoo Story" & "The Sandbox," two short plays that combine for one evening of compelling and profoundly affecting theater of the absurd. In "The Zoo Story," a man sits peacefully reading on a sunny afternoon in Central Park. Soon, he is joined by a stranger who has been to the zoo. With provocative humor and unrelenting suspense, their simple conversation takes drastic turns.

In "The Sandbox," Mommy and Daddy take Grandma to the beach, where they meet a young man doing his exercises. As this bright day becomes deep night, the afternoon's darker purpose is revealed. Showtimes are 7:30 p.m. Thursday, Fridays and Saturdays and 2 p.m. Sundays. Tickets are \$12 for general admission and \$10 for Triton students, faculty and staff, and senior citizens. For more information, contact Amy Fenton at [amyfenton@triton.edu](mailto:amyfenton@triton.edu).

### Oct. 25

#### **Fall College Visit Day, 10 a.m.-1 p.m., Robert M. Collins Center**

High school students interested in learning more about Triton College can benefit from attending Fall College Visit Day. Prospective students can learn about the college experience from students and faculty, tour Triton's campus, attend information sessions on a variety of topics and talk to financial aid and admission representatives on how to finance their education and successfully enroll in college. Registration is required. Call (708) 456-0300, Ext. 3130, for more information.

### Oct. 28

#### **Job Club Meeting: Resume & Job Interviewing Workshop, 1-2 p.m., Room B-130B of the Student Center**

Triton College's Career Services Center will kick off their monthly Job Club meetings on Oct. 28 with a resume and job interviewing workshop. The club, open to community members, hosts informational sessions, while providing guidance and support to job seekers. For more information, call (708) 456-0300, Ext. 3619, or e-mail [richwilliams@triton.edu](mailto:richwilliams@triton.edu).

### Nov. 4

#### **Campus Visit Day, 6-7:30 p.m., Student Center (B Building)**

Prospective students can learn everything they need to know about enrolling at Triton College during Campus Visit Day. The event will discuss admission and financial aid topics, introduce students to Triton's faculty and provide campus tours. For more information, call (708) 456-0300, Ext. 3130, or e-mail [admissions@triton.edu](mailto:admissions@triton.edu).

### Nov. 8

#### **Robotics at the Library, Noon-3 p.m., Triton College Library, located in the A Building**

Children are invited to the Triton College Library with their parents to participate in a special Lego™ robot-building activity. The Library will supply all the materials – just bring your creativity! Expert builders will be on hand to help during this no cost activity. No registration is required, but space is limited and will be based on first come-first served. For more information, call (708) 456-0300, Ext. 3591.

### Nov. 12

#### **Triton College Faculty Artist Series, 7 p.m., Performing Arts Center in the Robert M. Collins Center**

Triton College Music faculty member Joann Cho performs an eclectic program of contemporary classical music written for piano. For more information, call (708) 456-0300, Ext. 3506, or visit [www.triton.edu/entertainment](http://www.triton.edu/entertainment).

### Nov. 18

#### **Job Club Meeting: How to Apply Online, 1-2 p.m., Room B-130B of the Student Center**

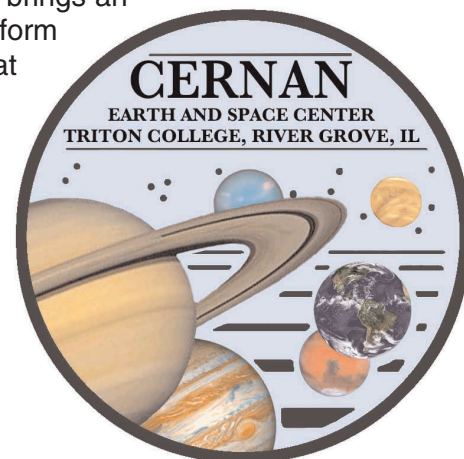
Triton College's Career Services Center will have their next monthly Job Club Meeting on the topic of applying for jobs online. The club, open to community members, hosts informational sessions, while providing guidance and support to job seekers. For more information, call (708) 456-0300, Ext. 3619, or e-mail [richwilliams@triton.edu](mailto:richwilliams@triton.edu).

## Cernan Earth and Space Center Events

### Now-Oct. 26

#### **Public Shows, Cernan Earth and Space Center, Triton College, 2000 Fifth Ave., River Grove**

The Cernan Earth and Space Center brings an array of new and favorite shows to inform and entertain families on astronomy at the planetarium. Showtimes are 7:30 p.m. and 9 p.m. Fridays and Saturdays, and 2 p.m. and 3 p.m. Sundays. Show admission ranges from \$8 to \$10 for adults, and \$4 to \$5 for children and senior citizens. For a schedule of shows, visit [www.triton.edu/cernan](http://www.triton.edu/cernan). (708) 583-3100 or (708) 456-0300, Ext. 3372.



# **Triton College Receives Moody's "Aa1" High Grade Investment Rating!**

Triton Community College has received an "Aa1" investment rating from Moody's Investment Service. Moody's is renowned as the leading global firm that provides a system which is used to gauge the creditworthiness of a company or governmental entity by determining the credit risk to investors. Moody's granted Triton an "Aa1" global rating – meaning Triton is "judged to be of high quality and subject to very low credit risk" and "has superior ability to repay short-term debt obligations," according to Moody's website. This "Aa1" rating is the second highest available rating of the 16 levels in the Moody's bond rating system.

Triton College plans to sell \$53 million in bonds in order to modernize Triton's campus and create many new exciting job creation opportunities for the residents of the west suburban area. The new dollars will position Triton as a leader in the economic development of the district.

Triton College Board of Trustees Chairman Mark Stephens had the following reaction to the Moody's rating. "The board is extremely pleased with the "Aa1" rating from Moody's. As a result, Triton will save millions of taxpayer dollars on our modernization plans. Triton College prides itself on its fiscal diligence and this rating reinforces the fact that we are good stewards of student and taxpayer dollars. The time is now to reinvest in our most valuable commodity – the residents and students of the Triton College district. We will rebuild Triton's infrastructure to educate our students for the jobs of the 21st century market."

Garrick Abezetian, associate vice president of Finance at Triton College, indicated, "This high investment grade was as we expected based on Triton's strong financial position. It ensures Triton will be able to fund these proposed projects at a very low interest rate. This proposed offering will be very attractive to potential investors that desire a high-grade, low-risk investment."

During this past summer, through a series of public community presentations throughout the Triton district, Triton College presented a proposal to rebuild its campus to address the needs of its students and to prepare them for a highly competitive world economy. At these meetings, the citizens of the district were invited to help Triton prepare for the future by offering their suggestions. The college looks forward to continued input from the public as the project moves forward.

Economic development is the common theme of many of Triton's new proposals. Training students for the jobs of tomorrow is the prime objective. Some of the proposed renovation plans include modernizing the Child Development Center with an integrated childcare program and a lab school teaching environment for Triton students. In addition, Triton is proposing to update the Student Center, modernize Triton's on-campus greenhouses, improve academic and athletics facilities on the east campus, and construct a demonstration kitchen and bistro lab for Triton's Hospitality students.

These renovations will provide students with a learning environment conducive to their education that furthers the college's mission of contributing to student success.

Since 1909, Moody's has provided credit ratings, research, tools and risk analysis that contribute to transparent and integrated financial markets for businesses worldwide.

For more information about Moody's, visit [www.moody's.com](http://www.moody's.com).

## **Triton College's Active Retired Citizens Club Makes Their Meetings Entertaining**

Triton College's Active Retired Citizens Club (ARCC) doesn't hold your average business meetings! The group has announced their meeting dates for the second half of the year, which includes performances, presentations and luncheons.

Because the ARCC is a social club that provides activities and networking opportunities to adults who are young at heart and want to expand their social and intellectual life, it is only fitting that the meetings should be entertaining and fit the tone of the club, organizers say.

Future meeting dates are as follows:

Nov. 7 – Your Friendly Neighborhood Pharmacist with Walgreens  
Pharmacist Dr. Adam Pepek

Nov. 21 – Healthy Holiday Food with Westlake Dietician Mary D'Anza

Dec. 7 – Holiday Luncheon: \$10 for Members and \$15 for Non-members

The group meets from noon-2 p.m. on the first and third Fridays of each month, except during the summer months. All meetings take place in Room R-221 of the Robert M. Collins Center on Triton's campus. Annual membership dues are \$10.

For more information, call Triton College at (708) 456-0300, Ext. 3896.

## **RSVP Volunteer Opportunities for Community Residents**

The RSVP Volunteer Program of West Suburban Cook and Southern DuPage Counties is looking for volunteers to help a few of their community partners.

RSVP is a national volunteer program, sponsored by Triton College, for individuals who are 55 years of age and older. It works with non-profit organizations and reports back to the state and federal governments on the impact that they are having in the community.

RSVP, in partnership with West Suburban PADS, is looking for individuals who are interested in helping clients with basic needs and provide administrative support to the daytime support center in Maywood. Individuals who are willing to serve as case aides/receptionists would serve one day a week, Monday through Fridays, from 7:30 a.m.-3:30 p.m. The case aides/receptionists would greet visitors, perform data entry for clients and handle general administrative front-desk duties.

Prevail, another RSVP partner located in Oak Park, is looking for assistance in their offices at 848 Lake Street. Interested volunteers would help as client counselors, employment consultants, computer specialists, budget counselors, communications director or website designers. The times each of these positions are needed varies.

For more information on these volunteer opportunities or others, call Triton College's RSVP office at (708) 456-0300, Ext. 3835 or 3603.



# Serpico Attends Back to School Event at Grant School



The new school year kicked off late August at Grant Elementary School and Mayor Ron Serpico was on hand to encourage the students to enjoy themselves, study hard, pay close attention in class and always do their homework.

The mayor was grateful for the invitation from the staff to stop by and wish the students well as classes began.

He talked about how important it is for children to get a good education that will guide them on their path to a successful career.

The children and staff thanked the mayor for his visit and invited him back to participate in many activities planned for the new year.

Pictured (left to right) are Mayor Serpico, Acting Principal Victoria Hansen and Melrose Park Police Department Juvenile Officer Bill Treffens.

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Benefiting  
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Sunday, December 14, 2014  
10:00am- 1:00pm  
Villa Brunetti  
9755 Grand Ave Franklin Park, IL 60131



**\$15 ADULTS**

**KIDS ARE FREE!!!**

**Each kid just needs to bring a pair of New Pajamas as a Donation**

PROCEEDS DONATED TO:



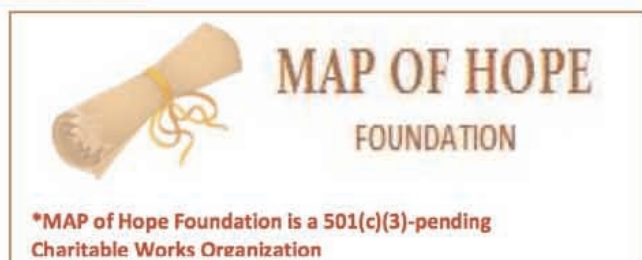
***Special Appearance by Ronald McDonald!!***

**To Purchase Tickets or Make a Donation:**

***Via Mail:*** Check Payable to: MAP of Hope Foundation  
Send to: PO Box 1110 Melrose Park, IL 60161-1110

***Via PayPal :*** Go to: [www.paypal.com](http://www.paypal.com)  
Send funds to: [MapOfHopeFoundation@gmail.com](mailto:MapOfHopeFoundation@gmail.com)

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***f*** <https://www.facebook.com/MAPofHopeFoundation>

**Event Information: Gina Serpico (708) 514-3018**



# ***Danny's Cafe***

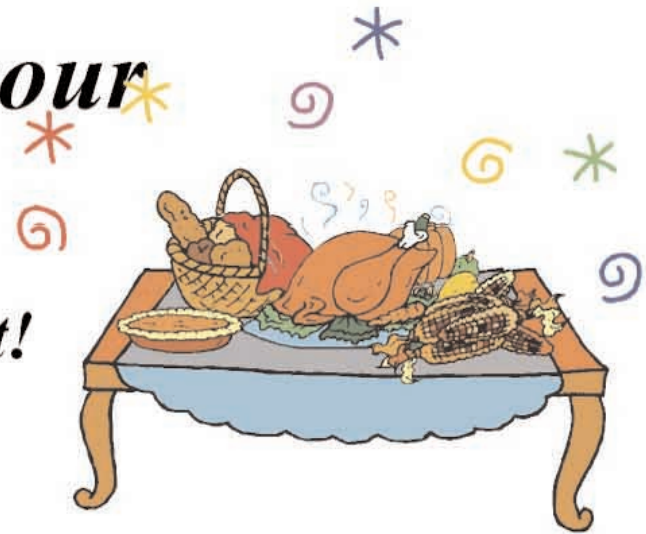
## ***Holiday Ideas!***

### ***Reservations***

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***Max. Capacity 150!***



***OPEN Christmas Eve-2:00 p.m. - 6:30 p.m***

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***Do not wait till last minute to make a reservation or order  
Family Holiday Specials!***

### ***Danny's Cafe Hours:***

***Monday - Thursday 11:00 a.m. - 8:30 p.m.***

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*Invites you to attend her*

***Info Session & Application Workshop***

***Getting a Job with the  
State of Illinois***



**Presented by:**

**Illinois Department of Central Management Services**

**&**

**CMS Diversity Enrichment Program**

**Thursday, November 13th**

**1:00pm – 3:00pm**

**West Leyden High School**

**Auditorium**

**1000 Wolf Rd., Northlake, IL 60164**

***Workshop covers:*** What jobs are available • How to apply • What qualifications are required • Where to take exams • How to navigate the online application system • Making sense of job titles and job descriptions • Contacting a free employment counselor • Consideration for veterans, people with disabilities, and special language skills

***This event is free and open to the public and no registration required.***

For more information, please call Rep. Willis' constituent service office at 708-562-6970, or email [repwillis77@gmail.com](mailto:repwillis77@gmail.com).



[www.repwillis77.com](http://www.repwillis77.com)



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# Sacred Heart School SNIPPETS



**Back to School Family Night**



**Guatemalan Parade**



**Tailgate Event**



**Vendor Fair**



# Our Lady of Mt. Carmel Parish Archive Needs Your Help

In January 2012 the Parish of Our Lady of Mt. Carmel announced a historical event: the formation of a long overdue parish archive. The mission in creating a parish archive was fourfold:

1) To locate whatever available documents and memorabilia was left by previous generations, with the hope of uncovering outright treasures from the past, or usable data to build upon.

2) To evaluate, catalogue, and preserve all that is donated by individual parishioners, by the various parish societies and organizations, by the public, and by former parishioners that have moved out of town.

3) To facilitate and encourage the documentation of significant parish events of the present, for many of the records created and maintained today will become our historical collective memory of tomorrow.

4) To eventually create a permanent historical exhibit for all to enjoy.

Due to the fact that there existed no assigned and secure space to serve as a depository to encourage the preservation of material documenting the development of our parish, very little remains for us of its early years. Most likely, after the owners of the treasured documents departed, the bulk of their material was discarded by those that survived them. Let us act today, and keep this unfortunate scenario from taking place tomorrow.

The success of our archive depends on how much interest, assistance, suggestions and material our parishioners are able to provide. And while your participation is critical to the new archive by donating material that you own, and in seeking material from people that you know, it does not require a lot of your time, nor does it require long-term involvement. Convince others that now, for the first time, we can assure everyone that what they donate to the parish archive will be as safe as it has been in their own home, and will remain so for generations to come. This is a time of commitment for all of us to record the history of our parish going back to the arrival of the revered Our Lady of Mount Carmel statue in 1894, the erection of a wooden chapel at 908-910 N. 24th Avenue in 1895, followed by its designation as the official parish church of Melrose Park in May 1903.

Postponing doing something usually results in its demise; therefore you need to react promptly. You need to consider the historical value of this initiative and participate with dedication and determination. How can you help? Examine those forgotten cardboard boxes residing in closets, basements and attics for any type of memorabilia, correspondence, printed material, newspaper articles, old church bulletins, photos, slides, film, videos, old certificates, flyers of past events, etc. Also, seek relevant information such as the names and dates of members of the various parish societies and organizations, the names of our pastors and clergy, and the names of the nuns and priests who actually were born in Melrose Park and graduated from our grammar school. And most importantly, information relating to the genealogy of our predecessors who played a pivotal historical and religious role in the history of our parish, such as relatives and families of the foundress of our church, Emanuela De Stefano; this would be invaluable.

To help, you need to put down on paper what you yourself remember and what you have heard from your parents and older relatives, for in doing so you will honor their memory. Another way of seriously committing to help would be to contact your friends and relatives, including those that have moved out of town, and who might still be coming back to participate in our yearly Feast. Tell them about our new archive, give them this article and ask them if they have anything to donate, such as pictures that captured events in our 1908 church, such as feasts and weddings or items salvaged when the church itself was demolished in 1966. Perhaps you can convince them to put in writing details or simple personal stories, recalling what they remember or heard of the early Feasts, our nuns, priests and pastors, our churches, rural Melrose Park or what they recall hearing from their parents and older relatives. Recording verbal information from those older than you might open new windows into forgotten areas. If so requested, the archive can make copies of material that people entrust to us and we can then return the originals to the owner; please do not write on the originals, rather make all notations on a separate piece of paper.

Handwritten contributions need not be in some elegant format, nor do they have to read like a novel; they simply need to be informative and legible. Your story could relate to something quaint or something important. It could describe segments of your personal story growing up and maturing in Melrose Park or recall the early years of our parish that you heard from your grandparents. But this is a task that cannot be done effectively in one sitting.

For those managing and sustaining the archive, their involvement and work has no end. You can help them by looking for dormant material, but also by providing information obtained through actual personal research, by interacting with others that you know and by offering relevant suggestions and information. They are counting on you.

This archive initiative is not a one- or two-person effort. It requires the cooperation and help of others, especially older parishioners who might be able to provide material and information essential in writing our unique story – a story born out of strong ethnic traditions and profound devotion to La Madonna del Carmine, which has remained undiminished for the past 120 years. The driving force for all of us is the unwavering devotion to the Mother of God, a personal tribute to our immigrant ancestors and a desire to lay out a path for the next generation to follow.

The archive is managed by our parishioner, Victor Nicodemo. You can reach Victor at (708) 681-3818. Also, you can mail or hand-deliver documents to the parish rectory in a manila envelope identified as “OLMC Archive;” please include your name, address and phone number. We thank you for any help that you can provide.







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**OUR LADY OF  
MOUNT CARMEL  
CHRISTMAS  
COCKTAIL PARTY**

**SATURDAY, NOV. 29, 2014**

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**The Best Time to Prepare for an Emergency is Before it Happens**  
**Please post this information near a telephone so it is easily accessible during an emergency.**

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**The Village of Melrose Park – (708) 343-4000**



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**Police Non-Emergency – (708) 344-8409**



Fire Emergency **911**

**Fire Non-Emergency – (708) 344-1315**

**Poison Control – (800) 222-1222**



Ambulance Emergency **911**

**Doctor Name** \_\_\_\_\_

**Doctor Phone** \_\_\_\_\_

**MEDICAL INFORMATION**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_

**Home Phone#** \_\_\_\_\_

**Medications** \_\_\_\_\_

**Allergies** \_\_\_\_\_

**Medical Conditions** \_\_\_\_\_

**EMERGENCY CONTACTS**

**Emergency Contact #1**

**Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_

**Phone #** \_\_\_\_\_

**Emergency Contact #2**

**Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_

**Phone #** \_\_\_\_\_



# Westlake Hospital Announces October 2014 Wellness and Health Education Programs

## **ACA Enrollment**

Get covered under the Affordable Care Act. The Proviso Township Mental Health Commission, Healthcare Alternative Systems and Westlake Hospital are partnering to help individuals enroll in ACA plans. Westlake Hospital will host ACA enrollment sessions every Tuesday afternoon. Learn about your best options and enroll in an affordable or possibly free health insurance plan. Consultations are available Tuesdays, Oct. 21 and 28 from 2-6 p.m. at the Westlake Senior Center. Call (866) 938-7256 to reserve a consultation time or call the H.A.S. hotline at (773) 634-5009.

## **Medicare Open Enrollment Assistance/Prescription Assistance**

Wondering if your Medicare Part D plan will change for 2014 or want to compare other Medicare Advantage Plans? All Medicare beneficiaries are invited to consult with certified SHIP counselor, Jorge Velázquez from Solutions for Care to help you determine what plan is the best for your circumstances. Counseling and enrollment assistance will be available. You can also inquire about prescription medication assistance. Consultations are available Wednesday, Oct. 22, and Oct. 29 from 8:30-11 a.m. at the Westlake Senior Center. Call (866) 938-7256 to reserve a consultation time, however, walk-ins are welcome.

## **Senior Citizen Health Fair**

The event will provide free health screenings by Westlake Hospital as well as information on aging. This event is free. Broadview Baptist Church, 2100 S. 25th Ave., Broadview, IL 60155. Saturday, Oct. 25, from 10 a.m.-1 p.m. Call (866) 938-7256 for information.

## **Senior Water Aerobics**

Enjoy refreshing exercises that will trim and tone, improve flexibility and build endurance while moving to music in the water during Senior Water Aerobics. Participants do not need to know how to swim but should feel comfortable in the water. A physician's consent is needed to participate. Tuesday, Oct. 28, at 12:15 p.m. in the Fitness Center. Space is limited. The course runs for three months and individuals must commit to the entire course. Please call (708) 938-7412 for further information.

## **Westlake Walkers**

Enjoy walking with others on our cushioned indoor track. Our senior club is dedicated to promoting walking for health and recreation. A physician's consent is needed to participate. The class meets every Friday at 9:30 a.m. in the Fitness Center. Space is limited. The course runs for three months and individuals must commit to the entire course. Call (708) 938-7412 for further information.



## Join a Team! NFL Flag Football Event Held at Civic Center

Over the summer, the Melrose Park Civic Center was a host site for the National Football League Flag Football Program for Boys and Girls.

Children ages 5-17 were invited to join in the fun for a big day of football and more.

Former Chicago Bears player, Donnell Woolford, attended the event and gave the participants some professional football tips.

The program is part of NFL Play 60 – the NFL movement for a new generation and powered by USA Football.



# Are You Due for a Mammogram?

Westlake Hospital is offering  
FREE screening mammograms  
scheduled in October.

Thanks to generous grant funding, this offer is available for residents of the following communities of Proviso Township:

- Bellwood
- Berkeley
- Broadview
- Brookfield
- Forest Park
- Hillside
- La Grange Park
- Maywood
- Melrose Park
- Northlake
- North Riverside
- Stone Park
- Western Springs
- Westchester

Participants must be at least 40 years old, or between 35 and 40 years old with a strong family history of breast cancer. Most recent mammogram cannot be less than one year prior. Appointments must take place before October 31, 2014.

Space is limited. Make your appointment today!  
Early detection is your best defense against breast cancer.

**Call 708-783-5000 to schedule today.**

*A physician order is required.*

Westlake Hospital  
1225 W. Lake Street, Melrose Park, IL 60160  
westlakehosp.com



# Abnormal Uterine Bleeding: Possible at Any Age

Hai Solomon, M.D., F.A.C.O.G. and Gloria Kroc, R.N., M.L.I.S.

Any vaginal bleeding outside of a female's regular menstrual period, is considered to be abnormal. Abnormal bleeding can occur at any age and age is an important factor when determining cause.

Bleeding in a child or before a young girl's first period can be caused by trauma (sexual abuse), a foreign body inserted in the vagina or urinary problems. In adolescents, a common cause is pregnancy but also the same as for a young girl. Adult women who are premenopausal (usually before age 40) may have bleeding due to the same causes as a young girl or adolescent but other possibilities are also likely. Hormone imbalance is common. Reproductive, as well as other hormones in the body, such as thyroid, work closely together and irregularity in one area can cause malfunction in another. Hormone levels are easily measured by blood tests and medication may be all that is needed to cure this type of abnormal bleeding. Fibroids or polyps are benign masses that can grow in or around a woman's uterus. These growths may have no symptoms at all or they may cause pain and bleeding. Some medication can help shrink these but they may need to be removed either through surgery or embolization, which is a specialized procedure using heat to cut off the blood supply to the growths, thereby reducing their size and rendering them less troublesome.

Infections and certain other medical conditions such as liver disease and blood clotting disorders can cause uterine bleeding and treatment of the disease usually stops the bleeding. Importantly, one of the first signs of cancer of the cervix or uterus is irregular vaginal bleeding. As in the case of any cancer, finding it sooner is better than later. Women who are coming close to the menopause are said to be perimenopausal. Abnormal bleeding in these women can be due to any of the previous causes given for younger women. However, very often in this age group, irregular bleeding results from the natural slowing down of the body's reproductive ability and a normal sign that the body is preparing for the menopause, or the cessation of the menstrual cycle, and the end to the child-bearing years. Older women who have gone through the menopause may have abnormal vaginal bleeding for many of the same reasons as younger women and girls, but frequently this is due to other factors. Atrophy is the thinning of the tissue making up the lining of the uterus or vagina and this thinning makes the area more delicate and prone to injury and bleeding. Local application of low dose hormone cream or other prescription creams may help this. Irregular vaginal bleeding can also be a side effect of medications being taken for other conditions or a symptom of a different medical condition entirely.

At any age, abnormal bleeding patterns can be a clue to the functioning of the rest of the body. Sudden weight gain or loss, extreme exercise or a severe calorie restricted diet, and that familiar bad boy we call stress are all possible suspects. If a woman has a comfortable relationship with her doctor, together they will be able to pinpoint the cause and implement effective treatment for abnormal uterine bleeding.

**Hai Solomon, M.D., F.A.C.O.G. • Gynecology**

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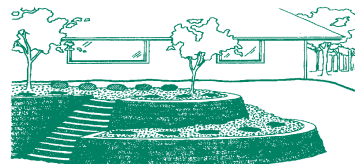
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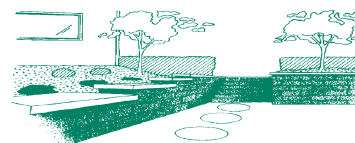
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# Caputo Cheese Market featured in Crain's Chicago Business

Caputo Cheese Market in Melrose Park (with a second location in Lake Forest) has 10,000 square feet of cheeses, deli meats, prepared foods and Italian packaged goods in several rooms, but that's just the tip of the iceberg at the 200,000-square-foot warehouse that is Wiscon Corp. Husband and wife, Rene and Pasquale Caputo (one of Angelo's brothers), started the business in 1978 as a small cheese shop and it has grown into a multimillion-dollar manufacturer and food-service distributor with more than 100 employees and warehouses in several cities. Though the retail store closed in the 1980s, it reopened in the early 1990s because people kept knocking on the door, according to the couple's son, Natale, who has run the operation since 1997.



While the cheese-aging and production facilities for the 30-some Caputo brand cheeses are in back, the centerpiece for retail customers is the cheese room (keep your coat on) with more than 1,000 cheeses from Italy, the states and all over the world, as well as the deli counter, a huge case of imported meats, frozen pastas and more – all at great prices (for example, \$9.99 a pound for imported prosciutto or Parmigiano-Reggiano). During the week, you can watch fresh mozzarella, ricotta and a few other cheeses being made in the glass-walled “salumeria” as you sit at one of the tables to enjoy arancini, a slice of pizza or cookies and pastries. There's always free coffee, too. Amid the pastas, olive oils, breadsticks, espressos, big jars of house-made giardiniera and pasatta (ground Italian tomatoes) are a few things you're unlikely to find elsewhere, such as digestive crystals, the Italian version of Alka-Seltzer.

**1931 N. 15th Ave., Melrose Park, IL 60160 • 231 E. Wisconsin Ave., Lake Forest, IL 60045**

## Franciscan Resource Center Offers Local Assistance

Melrose Park-based Franciscan Resource Center is a nonprofit center for persons seeking help in their human needs, such as health, depression, domestic problems, hunger, medical aid, addictions, anger management, substance abuse, clothing and basic human needs.

The resource center refers persons to area agencies and follows up on each person's needs.

For an appointment or further information, please call Sr. Nila or Sr. Jan at (708) 567-5083, Monday-Friday, 8:30 a.m.-3:30 p.m., or send an e-mail to franciscanresourcecenternfp@gmail.com.

## Centro De Recursos Franciscanos, NFP

El Centro de Recursos Franciscanos es un centro sin fines de lucro para personas que buscan ayuda en sus necesidades humanas, como la salud mental depresión inmigración, problemas internos, hambre, ayuda, medica, adicciones, control de la ira, abuso de sustancias, ropa y necesidades humanas basicas.

Este centro de recursos ayuda a referir a personas, a las agencias adecuadas y hacen el seguimiento para que las personas reciban la ayuda necesaria.

Por favor llame a la hermana. Nila o hermana. Jan al (708) 567-5083 para hacer una cita ... Lunes-Viernes 8:30 a.m.-3:30 p.m. ubicacion en Melrose Park.

## Public Notice Regarding Scheduled Board Meetings

Take notice that the village of Melrose Park, Cook County, Ill., will conduct the regular scheduled meetings of the president and the board of trustees on the second and fourth Mondays of each calendar month, unless otherwise noted, at 6 p.m. at the Village Board Meeting Room located on the first floor of the Melrose Park Police Department, 1 N. Broadway Ave., Melrose Park.

The remaining schedule for calendar year 2014 is: Oct. 27; Nov. 10 and Nov. 24; and Dec. 8 and 22.

For more information, call (708) 343-4000.

## Village Hall Announces Holiday Closings

The Melrose Park Village Hall will be closed for the following holidays:

- Veterans Day – Tuesday, Nov. 11, 2014
- Thanksgiving Day – Thursday, Nov. 27, 2014
- Day After Thanksgiving – Friday, Nov. 28, 2014
- Christmas Eve (1/2 Day) – Wednesday, Dec. 24, 2014
- Christmas Day – Thursday, Dec. 25, 2014
- New Year's Eve (1/2 Day) – Wednesday, Dec. 31, 2014

Residents are asked to make note of the dates listed.

For more information, call the Village Hall at (708) 343-4000.



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# Obituaries

## *Adorno*

Esteban Adorno, Jr., age 23, passed away Sept. 21. Beloved son of Esteban Adorno, Sr. and the late Sharon Adorno; loving partner of Nikki Buckner; cherished father of Esteban Adrian Adorno; fond brother of Robert Murphy, the late Theresa Adorno, Meghan Murphy, Gina Mackin and Haley Torres; caring uncle of Natalie, Alyssa, Brandon, Nolan and Kaydenn; dear stepson of Wendy Meller. Arrangements by Bormann Funeral Home. Interment private.

## *Akimori*

Henry N. Akimori, age 67, of Melrose Park, passed away Aug. 8. Beloved husband of Carol (nee Torchia) Akimori; loving father of Michael (Maria) Akimori; dear brother-in-law of Patricia (Michael) Fioramonti; cherished uncle of Lisa (Christopher) Smarto and Alicia (Bill) Carlini; devoted great uncle of Christopher, Gianna, Danielle and Anthony; fond son-in-law of Marie (the late Frank) Torchia. Arrangements by Bormann Funeral Home. Entombment Christ the King Mausoleum, Queen of Heaven Cemetery.

## *Alvarez*

Rigoberto Varela Alvarez, age 26, of Melrose Park, passed away July 30. Beloved son of Enedino and Adelaida Varela; dear father of Rigo Jr. and Rey; loving brother of Bianca Varela (Lorenzo Galvan), Adrian (Elizabeth) Varela and Alexander Varela; fond uncle of Adrian Jr., Jadynn, Julien and Christopher Varela; cherished boyfriend of Mayra Salmon. Arrangements by Bormann Funeral Home. Interment private.

## *Auriemma*

Elena Auriemma, nee Bronge, formerly of Melrose Park. Dearly beloved mother of William (Fiorella), Joe (Nancy), Ann Marie (Philip) Bongiovanni, Ralph, Gina (John) Maher; wife of the late Frank.; beloved daughter of the late Mary and Nicholas Bronge; cherished grandmother of 14; great-grandmother of one; dear sister of Mary Frances (James) Schenk, Lawrence (the late Alice) Boni; loving aunt, cousin, and friend of many. Services from Russo's Hillside Chapel (under the direction of Carbonara Funeral Home). Interment Mt. Carmel Cemetery.

## *Babowice*

John G. Babowice, age 82, of Melrose Park, passed away Sept. 21. Survived by his beloved wife of 60 years, Janet (nee Buonauro); his loving sister, Carole Babowice; his children, Catherine (Rick) Szeghy, James (Hope), John (Laurie) and Janice (Don) Jacklich; grandchildren Matt (Elise) Szeghy and Melissa Szeghy, John Franklin, Elizabeth and Jack Babowice, James, Zoe and Michael Babowice, and Annie, Colleen and Tim Jacklich; great grandchildren, Connor and Emma; dear brother-in-law of Lori Buonauro and countless friends. He has joined his brother Robert and their parents in eternal life. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home). Entombment Queen of Heaven Cemetery, Christ the King Mausoleum.

## *Dunkovich*

William John Dunkovich, age 58, of Elmhurst, formerly of Melrose Park, passed away Sept. 6. Cherished son of Annette Dunkovich and the late Walter Dunkovich; loving father of William J. Dunkovich, Jr. and John F. Dunkovich; dear grandfather of Jacob Dunkovich; loving friend and companion of Sue Mackey; fond brother of Mary Ann (Greg) Mongolis, Kathy (Don) Mullen, Dorothy (George) McGuire, Joyce (George) Powell, Ed.D, and Margie (Tom) Nolan; also survived and loved by many nieces and nephews. Arrangements by Bormann Funeral Home. Interment Queen of Heaven Cemetery.

## *Filskov*

Martha A. Filskov, nee LaPenna, age 72, of Westchester, formerly of Melrose Park, passed away Sept. 8. Beloved wife of the late Earl Filskov; loving mother of Sandy (Louie) Villapiano, Nicky (Vicky) Filskov, Earl (Chrissy) Filskov, Martha (Bob) Gura and Louie (Wendy) Filskov; dear grandmother of Faith, Nicky, Frankie, Michael, Anthony, Alyssa, Joey, Tommy, Leah, Bobby and Sammy; fond sister of Dede, Marco, Tommy, Rachael and the late Louie "Junior." Arrangements by Bormann Funeral Home. Interment Mt. Carmel Cemetery.

## *Kolesar*

Rose Marie Kolesar, age 64, passed away Aug. 8. Beloved mother of Vincent (Yesenia) Brewster; loving grandmother of Nathan, Aiden and Kayla; dear daughter of the late Guy and the late Pauline Viti; fond sister of Mary Viti, JoAnn Ranieri and the late Guy Viti; cherished aunt of Marcus Ranieri, Thomas (Gale) Ranieri, Chris Viti, Jeanette Viti and Jennifer Viti; great aunt of Tyler Ranieri. Arrangements by Bormann Funeral Home. Interment private.

## *Kozloski*

Mardy Kozloski, passed away Sept. 11. Dear wife of John Kozloski; cherished mother of Rachel; loving daughter of Lester and the late Lila Markowitz; fond sister of Paula (David) Levin; aunt of Eric Levin, Barbara Bohn and Emily Bohn. Arrangements by Bormann Funeral Home. Interment private.

## *Leoni*

George A. Leoni, of Melrose Park, Army veteran and recipient of the Purple Heart Medal. Dearly beloved husband of the late Lena (nee Petruzzi); loving father of Georgia Buvak and Donna Peluso; cherished papa of Carlene (Ken) Greifelt, Michalene (James) Tjeerdema, Roberta (Christopher) Heintz, George (Lauren) and Anthony Peluso; loving great papa of Jona, Jimmy, Jake, Logan, Bowie, Blaise and Nico; dear brother of Ora (the late Tex) Simon, Madeline (the late Joe) Belline, the late Richard and Gemma Leoni and the late Vadie Autry, the late William Leoni, the late Velencia, the late Alberta and Donald Provenzano, the late Anita Leoni; loving companion of Madeline Pyka; fond uncle and friend of many. Forty-year executive director of Veterans Park District; Proviso Township's Mental Health commissioner, PARC (Proviso Association For Retarded Children), now known as ASPIRE; board member of Joint Civic Committee of Italian Americans; chairman of Italo American National Union; board of directors for Villa Scalabrini Home for the Aged; member of Illinois Parks and Recreation Association; member of Disabled American Veterans; member of Veterans of Foreign Wars; member of 33rd WWII Infantry Veteran Division; honorary member of Melrose Park Fraternal Order of Police; member of Illinois Fire and Police Commissioner's Association; sponsor of Melrose Park Little League; sponsor of Flames Hockey Team. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home). Interment Queen of Heaven Cemetery.

## *McMillan*

Jacqueline, R. "Jackie" McMillan, nee Zito, of Melrose Park. Beloved wife of Joseph McMillan; loving mother of Lindsay (Joseph) Cibelli, Jennifer and Leslie; dear grandmother of Anthony and Gia Cibelli; cherished daughter of the late Anthony F. Zito, former chief of M.P.F.D. and the late Helen Zito (nee Prignano); fond sister of Pamela A. (Gary) Marine; sister-in-law of William (Judy) McMillan; niece of Anthony (Josephine) Prignano. Arrangements by Bormann Funeral Home. Interment Queen of Heaven Cemetery.

## *Montino*

Joseph C. Montino, 91, Army veteran of WWII. Dearly beloved husband of the late Angelina (nee Letizia); loving father of Francine, Benita (Tony) Contursi, JoAnne (Jerry) Mraz; dear brother of the late Christine and Homer Murphy, the late Connie and Joseph Bonfiglio, the late Carl "Harpo" and Betty Montino; brother-in-law to Chuck (Lorriane) Letizia and Margie Tyrrell; dear uncle, great-uncle and friend of many. Member of Our Lady of Mt. Carmel Holy Name Society, VFW Post #2193, I.A.N.U. Jake La Spisa Lodge. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home).

## *Montino*

Marlane Montino, nee DeJulius. Dearly beloved wife of Gary; loving mother of Michael and Alexia; beloved daughter of Geri and the late Alex DeJulius; dear sister of Alex "Lex" (Joann), Sharon (Roman) Zahorodnyj, Francine (Jeff) Rybarski and Dante (Bernadette) DeJulius; fond sister-in-law, niece, aunt, cousin and friend of many. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home). Interment Queen of Heaven Cemetery.

## *Nuno*

Angelica Nuno, of Melrose Park, passed away Aug. 31. Beloved daughter of Pedro and Juana Nuno. Arrangements by Bormann Funeral Home. Interment private.

## *Passarella*

Dominic Passarella. Dearly beloved son of John and the late Assunta "Susie" Passarella; dear brother of Florence (the late William) Krefft, John, Rocky, Rick (Carla), Rachel, Joell (Frank) Pochop and Frankie; loving uncle of 10, great uncle of three; fond cousin and friend of many. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home). Interment private.

## *Patti*

Mildred E. Patti, nee Luoma, age 91, formerly of Melrose Park, passed away Aug. 7. Beloved wife of Vincent Patti for 69 years; loving mother of Melanie (Patti) Aicard, Anthony Patti, the late Janet (Patti) Kraft and the late Karen (Patti) Villet. Arrangements by Bormann Funeral Home. Interment Queen of Heaven Cemetery.



# Obituaries

## **Salotti**

Mamie Salotti, age 89, of Melrose Park. Beloved wife of the late Peter; dear mother of Daniel Salotti, Laurie Salotti and Pamela Salotti; loving grandmother of Erin (Dean) McCoy and Jonathon Heimos; fond sister of Joseph Fabiani, the late Bertha Olivio, the late Marie (the late Kenneth) Schultz and the late Bill Fabiani. Arrangements by Bormann Funeral Home. Interment Queen of Heaven Cemetery.

## **Salvino**

Louis Salvino, veteran of WWII, ret. Melrose Park State Farm agent. Dearly beloved husband of Virginia (nee Badame); loving father of Ralph (Noreen) and Mary Lynn (Michael) Carbonara; cherished papa of Gia (Nick) Dizonno, Natalie (Matt) Corcione, Alexia (Sergio) Filice, Louis Salvino, and Michael and Joseph Carbonara; great-grandfather of Nicholas and Natalie Dizonno, Alexandra and Raffaella Corcione, and Francesco, Liliana and Nico Filice; dear brother of the late Angelo Salvinolo; fond brother-in-law, uncle, cousin and friend of many. Member of Melrose Park VFW; treasurer of Melrose Park Senior Club; and past president of Italo National Union-Jake LaSpisa Lodge for many years. Services entrusted to Carbonara Funeral Directors. Interment Queen of Heaven Cemetery.

## **Severino**

Camille Severino, nee Sentrella. Beloved wife of the late Joseph Sr.; devoted mother of the late Frank, Sr., Joseph, Jr., and Agnes; loving grandmother of Anthony, JoMari, Lisa, Cherise, Camille, John, Frank, Jr., Paul and Diana; devoted great-grandmother of 14; fond great-great grandmother of five; dear aunt of many nieces and nephews. Arrangements by Salerno's Galewood Chapels. Entombment Queen of Heaven Mausoleum.

## **Severino**

Joseph Severino Jr., age 83, retired CPD. Beloved lifelong friend of Helen (nee Palermo); loving father of Camille Severino and John Sr. (Michelle); devoted son of Joseph and Camille, and the late Agnes; cherished grandfather of Angelina and John Jr.; dear brother of the late Agnes Olivo and the late Frank; fond uncle of many nieces and nephews. Arrangements by Severino's River Woods Funeral Chapels. Entombment Queen of Heaven Cemetery.

## **Walsdorf**

Mary A. Walsdorf, nee Jacobs. Dearly beloved wife of the late Raymond; loving sister of Charlotte (the late James) Cluff and the late Charles and Evelyn Jacobs; cherished friend of Peggy, Victor, Dominic and Trisha DiFazio, Joanne Larry, and Ola Widawska; dear aunt, great-aunt and friend of many. Member of Melrose Park Seniors Club. Services entrusted to Carbonara Funeral Home. Interment Queen of Heaven Cemetery.

## **Zamboni**

Robert "Bobby" Zamboni. Dearly beloved son of Laura and the late Constant "Bubs" Zamboni; dear brother of Rochelle (Luis) Roja; fond uncle of Jason Palermo, Jaime (Anthony) Licht; loving great-uncle of Kendra Licht; loving cousin and friend of many. Services from Hursen Funeral Home (under the direction of Carbonara Funeral Home). Interment Queen of Heaven Cemetery.

## MP Looking for Residents Currently Serving in the Military



### **Attention Residents**

The village of Melrose Park would like to know if any of our residents are serving in the military.

If so, please contact Peggy DiFazio via e-mail – [peg@melrosepark.org](mailto:peg@melrosepark.org) or phone – (708) 343-4000, Ext. 4448.

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