

Veterans Park District

Programs & Happenings

Active Adults

A Fireside Christmas

This season they will return to the traditional Christmas Show with beautiful singing, breathtaking dancing and gorgeous costumes. It's always original with new songs, new dances and a new cast, but the spirit of the show never changes. It is the perfect way for people to capture the holiday spirit! Also you can enjoy shopping in all the exquisite Christmas stores. Don't forget about the bakery! Shopping can be before the lunch or after the lunch, before the show or after the show!

- Wednesday, Nov. 9; Bus leaves at 8 a.m. from Cimbalo Fitness Center and 8:15 a.m. from Grant Park; \$90 per person.

Polonian Fest Luncheon

Another favorite among lunch menus is our annual Polish-style luncheon. Starting the meal will be stuffed cabbage with tomato gravy, pork tips with dill sauce, dumplings, sauerkraut, beets and tossed salad with a special dessert. Johnny Maggio will be performing a lot of favorite songs from the past! Don't leave until we raffle off the centerpiece and pull names for the lunch raffle!

- Wednesday, Nov. 2; Noon-2 p.m.; Bulger Park; \$17 per person.

Christmas Sweater Party Bingo

Do you have the perfect holiday sweater? You are wanted at our annual Holiday Sweater Bingo Party! Prizes will be given to the top four holiday sweaters. You also have the chance at winning prizes at our Bingo games. Come out and enjoy the Christmas holidays with friends, have a great meal and fabulous dessert!

- Friday, Dec. 9; Noon-2 p.m.; Bulger Park; \$10 per person.

Youth Sports

Kids CrossFit, Ages 7-12

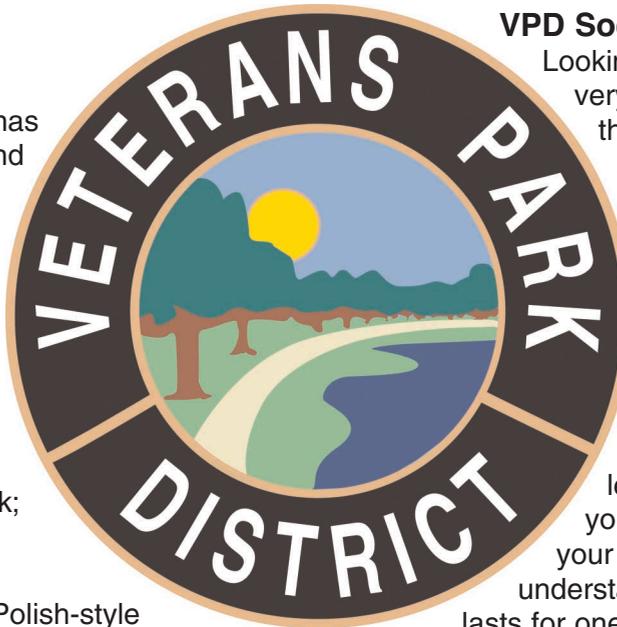
Veterans Park District is excited to continue its partnership with O'Hare CrossFit. CrossFit is sweeping the nation and our instructors have found a way to tailor it perfectly to children interested in improving their athleticism and overall fitness. Come and join many others who are looking to have fun while working out and preparing themselves for a new sports season.

- Wednesdays and Saturdays, Dec. 7-Jan. 14 (No class on Dec. 24 and Dec. 31); Wednesday, 6-7 p.m./Saturday, 8-9 a.m.; George A. Leoni Complex; Cost for program – \$60.

American Basketball Academy Clinic, Ages 7-14

This four-week clinic is led by former USBA's Annie Roberts and other former college players. These clinics will focus on developing ball handling, offensive/defensive skills, passing, shooting and positioning. All players will improve greatly with this class, from beginner to AAU players.

- Tuesdays; Session 1 – Oct. 25-Nov. 15; Session 2 – Nov. 29-Dec. 20; 6:30-7:30 p.m.; Grant Park Recreation Center; \$40 In District/\$45 Out Of District.



VPD Soccer Advanced Drills and Skills, Ages 7-13

Looking to take your soccer training to the next level? Our very own VPD athletic staff will assist you by running you through specific skills and drills which are designed to give you that extra edge. During the one-hour session you will rotate through stations and play small sided games to enhance your abilities all while having a great time.

- Mondays, Nov. 14-Dec. 19; Ages 7-10 – 5-6 p.m.; Ages 11-13 – 6-7 p.m.; George A. Leoni Complex Turf; \$45 In District.

VPD Soccer Beginner Drills and Skills, Ages 2-8

Are you looking for a class to have a lot of fun while learning soccer skills? We have the perfect class for you. Our Veterans Park District staff will lead you and your friends in specific drills and we'll improve your overall understanding of the game while having a blast! Each class lasts for one hour and the children will rotate through different stations and drills. Smaller sided games will be used to bring everything together at the end of each class.

- Fridays – Dec. 2-Jan. 6; 4-5 p.m., ages 2-3 year olds; 5-6 p.m., ages 4-5 year olds; 6-7 p.m., ages 6-7 year olds; George A. Leoni Complex Turf; \$45 In District.

Early Childhood

Music & Movement, Ages 1.5-4

Children will sing and dance, and explore the sounds of various musical instruments, as well as make their own. Parents are more than welcome to stay and enjoy the fun!

- Thursdays – Jan. 5, 12, 19 and 26; 6-7 p.m.; George A. Leoni Complex Activity Room; \$20 In District/\$28 Out of District.

**For more information on
Veterans Park District
events and activities,
call (708) 343-5270 or visit
www.veteransparkdistrict.org.
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