# Veterans Park District

Programs & Happer

## **Early Childhood**

**Toddler Turf Time** 

Ages 2-5 (2's and 3's with adult)

Join us for a morning filled with fun, fitness and sports challenges! Each day will include play-based themed stations, interactive circle time with music and movement. Please bring your child in comfortable clothing that is easy to move around in (no dresses or shirts) and a water bottle with their name on it.

· Mondays, April 29-June 10 (no class May 27), 10-11 a.m.; Class is held at George A. Leoni Complex, 800 N. 17th Ave., Melrose Park; Fee - R\$55/NR\$65.

#### Parent & Tot Yoga Ages 2-5 (2's and 3's with adult)

Join us for a morning filled with yoga, mindfulness and meditation! Ms. Victoria will provide you and your child an introduction to yoga in a fun and positive atmosphere. Each day will include interactive circle time, a yoga story and mini yoga sessions. Please bring your child in comfortable clothing that is easy to move around in (no dresses or shirts) and a water bottle with their name on it.

• Tuesdays, April 30-June 4, 9:30-10:15 a.m.; Class is held at Grant Park, 44 W. Golfview Dr., Northlake; Fee - R\$50/NR\$60.

#### Happy Planters Workshop · Ages 6+

Thinking of a Mother's Day gift? Everyone enjoys a flower or a plant. Gardening is known to promote happiness while reducing stress and connecting to nature. Using terracotta pots, we will create a character by painting a unique happy face with painted clothing. This charming planter will be a special addition to your porch, patio and garden.

• Tuesday, May 7, 5:45-7:45 p.m.; Class is held at Bulger Park Community Center, 1601 Hirsch St., Melrose Park; Fee – R\$30/NR \$40.

### **Travel with VPD**

#### **Amish Tour: Countryside Makers of Shipshewana,** Middlebury & Northern Indiana

Welcome to a place of invention, creativity and resourcefulness. From chimes to wooden baskets to noodles to homemade goodies, this tour immerses you in the Amish culture, where life is natural, straightforward and easy to understand. Delight yourself in a one-of-a-kind homemade Thresher's Meal.

• Thursday, May 16; Departure at 6:45 a.m. from Cimbalo Fitness Center in Melrose Park and 7a.m. from Grant Park in Northlake; 7 p.m. estimated return time; Fee - \$130.

#### **Chicago Architectural Tour &** Giordano's Lunch at Navy Pier

Step aboard on a captivating journey through Chicago's Architectural Tour. Glide along the picturesque Chicago River for 75 mesmerizing minutes, guided by an expert narrator who unveils the secrets and stories behind over 40 iconic structures, marvel at the innovative designs of renowned landmarks and glide beneath historical bridges, immersing yourself in the rich history and vibrant culture of the city. After the tour, indulge in a delectable lunch experience at Giordano's, nestled in within the iconic Navy Pier. Savor the mouthwatering flavors of Chicago's famous deep-dish pizza while soaking in panoramic views of Lake Michigan. It's

a day of exploration, enlightenment and culinary delight that promises unforgettable memories in the heart of the

• Thursday, June 27; Departure at 9:15 a.m. from

Grant Park in Northlake and 9:30 a.m. from Cimbalo Fitness Center in Melrose Park: 4 p.m. estimated return time. Fee - \$105.

## **Youth Sports**

#### Sand Volleyball · Ages 8-12

Come on out to the Gouin Park sand volleyball court for this fun class! Participants play up to 11 with a partner or three vs. three. Class meets at the sand volleyball court each week.

· Mondays, June 3-24, 11 a.m.-noon; Classes are held at Gouin Park, 2400 Scott St., Franklin Park; Fee - R\$55/NR \$70.

#### Summer Basketball Clinic · Ages 7-10 and 11-15

These four-week basketball clinics focus on increasing basketball skills. Coach Vince Rociola will start the day with warm-ups, drills and moving right into scrimmage games.

• Fridays, June 7-28, 6-7 p.m. (ages 7-10)/7-8 p.m. (ages 11-15); Classes are held at Grant Park, 44 W Golfview Dr., Northlake; Fee - R\$55/NR\$70.

#### Baseball · Ages 8-12

This slow-paced class covers the basic skills/drills of baseball, including throwing, catching, fielding and hitting. Please bring a baseball bat and glove.

· Wednesdays, June 5-26, 11a.m.-noon; Classes are held at Gouin Park, 2400 Scott St., Franklin Park.; Fee - R\$55/NR \$70.

## **Adult Sports/Fitness**

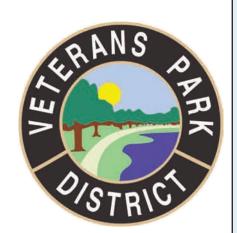
#### **Pickleball**

Head over to Cimbalo Fitness Center to get in on the fun with one of America's fastest growing sports, pickleball! The rules are simple and easy to learn, making it fun for athletes of all ages, but can also develop into a quick, fast-paced, competitive game for experienced players. Court rental fee is \$7/hour (paddles/pickleballs are provided). Lessons coming this June! Call (708) 343-5151 for more information.

#### **Golf Simulator**

Come experience Cimbalo Fitness Center's Golf Suite! With over 85 courses, multiple skill challenge courses, a driving range and a variety of challenge games/modes of play, we can provide users with a great experience customized to their goals, whether that be improving their golf game or just having fun. Starting May 1, our summer pricing of \$20 for one hour and \$10 for a half-hour rental goes into effect. Please call ahead to reserve a time slot. Golf lessons coming soon! Cimbalo Fitness Center is located at 1203 N. 24 Ave., Melrose Park. Call (708) 343-5151 to reserve a time.

For more information on Veterans Park District events and activities, call us at (708) 343-5270, visit our website at www.vpdpark.org or check out our Facebook Page.



# Veterans Park District

Programs
Happenings



# JOIN OUR TEAM AT UPO

We have seasonal opportunities for:

- **⊗** Lifeguards
  - **Ø** Head Lifeguards
    - **⊗** Swim Instructors
      - **⊘** Fitness Instructors
        - **⊘** Summer Camp Counselors
          - **Youth Sport Instructors** 
            - **⊘** Concession Stand Staff

Veterans Park District is looking for energetic and talented individuals, who want to contribute to our fun summer atmosphere. Seasonal jobs for all ages!!! (Under 16 must have a workers permit.)

Apply at the following VPD locations:

- Grant Park 44 W. Golfview Drive, Northlake
- Leoni Complex, 800 N. 17th, Melrose Park.
- Cimbalo Fitness Center, 1203 N. 24th, Melrose Park
   Monday Friday 9 AM-5 PM

Download our job application at vpdpark.org/jobs

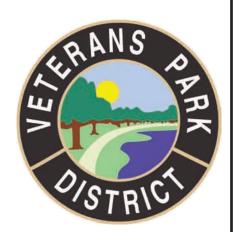


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Now-May 25

\$50 RESIDENTS \$70 NON RESIDENTS

PER PERSON AGES 3-55

REGULAR SEASON PASS FEE IS \$70R/\$90NR

# ON SALE AT THREE '3" LOCATIONS

George A. Leoni Complex

800 N 17th, Melrose Park 708-716-4822 M- F 8am-6pm

## Cimbalo Fitness Center

1203 N 24th, Melrose Park 708-343-5151 M-F 6am-8pm WEEKENDS 8am-2pm

### **Grant Park Rec Center**

44 W. Golfview Dr., Northlake 708-343-5270 M-F 8am -6pm













# Veterans Park District

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Men's 16" Major /Open Roster Men's 16" A/B Division Coed 14" Mushaball

Thursday, August 1 - Sunday, August 4

Veterans Park District hosts its Annual Softball Tournament at Bulger Park, 1601 Hirsch St., Melrose Park.

Team spots fill up fast for this yearly event so register your team now! We are looking for:

- · 8 Men's 16" Major teams 'Open Roster'
- 12 Men's 16" A/B Division teams
- 12 Coed 14" Mushball teams

Don't miss this action-packed weekend of softball, food and drinks (alcoholic and non-alcoholic).

- A deposit is required to hold your spot or you can pay the fee in full.
- Registration will be taken throughout the spring and early summer.
- Monetary prizes and trophies will be awarded to all winning teams of each tournament.

Game times to be announced.

Non Refundable Deposit: \$100 (applied towards balance). Fee: \$200

Check quickscores.com/vpd for league updates.

For more information or to register a team, contact Joe Serpico at (708) 870-4780.

## **Bocce Ball Tournament**

Saturday, August 3-Sunday, August 4

Join Veterans Park District as we celebrate the tradition of Bocce Ball, a game that can be enjoyed by all ages. Sign up your team for the 2024 Tournament now! Call Nico at (708) 343-5270. There must be two players on a team. Court times will be assigned the day of the tournament. Preregistration required: \$20 per team.



**WEEKEND LINE UP:** 

Thursday & Saturday
A/B games

Saturday Major Games Friday & Sunday Coed Games Saturday & Sunday
Bocce Tournament



Interested in marketing your business to hundreds of residents, participants and local businesses?

Become a a VPD Softball, Bocce Ball Tournament sponsor!
Call Greg Stanczyk at (708) 343-5270 or email: gstanczyk@vpdpark.org



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