

Veterans Park District

Programs & Happenings

Camps

Pee Wee Tot Camp at Bulger Park Ages 3-5

We are thrilled to welcome our youngest camper to our Preschool-Aged Camp, a place where fun and learning come together! Our summer-themed topics will spark curiosity and create excitement for hands-on learning in a relaxed environment.

Whether it's through art, music, outdoor play or interactive projects, your child will enjoy their time with VPD!

- Monday-Thursday, July 7-31, 9-11:45 a.m.; Bulger Park Community Center, 1601 Hirsch Street, Melrose Park; Fee – R/NR \$300 per session or \$75 per week.

Participants must meet program requirements. Payment deadlines are one week before the scheduled start date. Minimum number of participants per session/week is five.

Summer Day Camp in Melrose Park and Northlake Ages 6-12

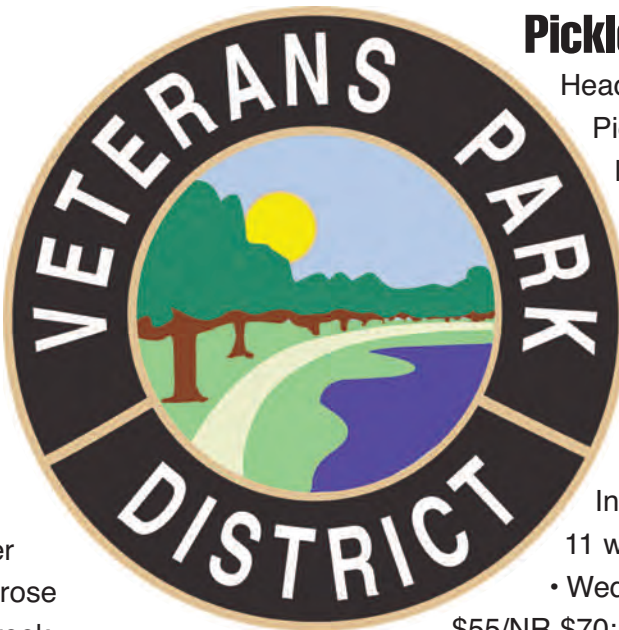
Make lasting memories with old friends and new ones through exciting off-site field trips, all-camp swim days, themed arts and crafts, friendly competitions, wacky games and fund park party events! Our dedicated, trained staff foster teamwork, boost self-confidence and work to improve social skills in a safe environment. Free lunch included!

- Monday-Friday, July 14-Aug. 1, 9 a.m.-4 p.m.; Grant Park, 44 W. Golfview Dr., Northlake, and Bulger Park, 1601 Hirsch St., Melrose Park; Fee – R \$400/NR \$450. Extended hours are available R \$75/NR \$105 for Before Care 8-9 a.m., and R \$150/NR \$210 for After Care.

Fitness

Fitness Classes

We offer a variety of fun, exciting fitness classes for all ages and fitness levels. Our classes include Zumba, Pump & Sculpt, Strong Nation, Middle Eastern Belly Dancing, Chair Yoga, CIRCL Mobility, Youth Boxing, Youth Fitness, AquaZumba and Aquacize. Call Cimbalo Fitness Center at (708) 343-5151 for more information



Pickleball Lessons

Head over to Cimbalo Fitness Center to check out our Pickleball Lessons! The rules are simple and easy to learn, making it fun for athletes of all ages. We offer lessons for a variety of age groups and skill levels. Please call (708) 343-5151 for more information.

Youth Athletics Sand Volleyball Ages 8-12

In this class participants will play various games up to 11 with a partner or 3 vs. 3.

- Wednesdays, July 16-Aug. 6, Noon-1 p.m.; Fee – R \$55/NR \$70; Gouin Park, 2400 Scott St., Franklin Park.

Soccer

Ages 8-12

VPD staff will lead players in specific drills while they improve their overall understanding of the game – while having a blast! Each class lasts for one hour and players will rotate through different stations and drills.

- Thursdays, July 17-Aug. 7, Noon-1 p.m.; Fee – R \$55/NR \$70; Bulger Park Field, 1601 Hirsch St., Melrose Park.

Baseball

Ages 8-12

This class will cover the basic skills and drills in baseball. A slow-paced class that will cover throwing, catching, fielding and hitting.

- Fridays, July 14-Aug. 4, Noon-1 p.m.; Fee – R \$55/NR \$70; Bulger Park Field, 1601 Hirsch St., Melrose Park.



**Call us for more information on our upcoming programs,
(708) 343-5270, or check our website at www.vpdpark.org
or our Facebook Page for updates.**



Veterans Park District Programs & Happenings

Relax under the stars and enjoy our **FREE MOVIES IN THE PARK.**

PLEASE BRING YOUR OWN LAWN CHAIRS OR BLANKETS. YOU ARE ALSO WELCOME TO BRING YOUR OWN SNACKS. REMEMBER, THAT ALCOHOL AND DOGS ARE NOT ALLOWED ON PARK PROPERTIES. MOVIES START AFTER SUNDOWN.

Call (708) 343-5270 or check the VPD Facebook page for rain out details.

FREE FRESH POPCORN
(while supplies last)

June 11
Gouin Park, Franklin Park
Featuring: **Surf's Up 2: Wavemania**

June 25
Bulger Park, Melrose Park
Featuring: **Space Jam: A New Legacy**
(PG 1h 55m)

July 9
Grant Park, Northlake
Featuring: **If**
(PG 1h 44m)

August 6
Trumbull Park, River Grove
Featuring: **Free Willy**
(PG 1h 52m)

Thanks for attending these exciting VPD community movies!
Join Us on July 9 and Aug. 6.

All VPD Special Event dates, locations, and advertised activities are subject to change. Please visit vpdpark.org for current information. Always check our Facebook page for updates: facebook.com/vpdparks.



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**Veterans
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Get ready to rev up your engines for a night of high-octane fun at our Annual Family Music & Movie Night!

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a program/event
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SCAN ME

Family **Music & Movie Night**



Full Throttle Fun!

Wednesday, July 23 • 5-11 PM

Bataan Park, Melrose Park



Fun starts at 5 PM!

- Bumper cars
- A CARS-themed jump house
- Cotton candy & more treats
- Burgers & Hot Dogs
- Beer & wine

At 6 PM, enjoy the rockin' sounds of The StingRays.

Then, at 8:15 PM (dusk), catch the screening of CARS!

Food, sweet treats, and beverages are available for purchase from our vendors.

Plus, all moviegoers get free popcorn (while supplies last).

Free fresh popcorn during movie, while supplies last. Bring your own lawn chairs or blankets.

Dogs are not allowed on park properties.

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Enjoy hot grilled food along with a cold beer or hard seltzer, while you watch the games

Men's 16" Major/ Open Roster Men's 16" A/B Division Coed 14" Mushball

Veterans Park District hosts its Annual Softball Tournament at Bulger Park, 1601 Hirsch St., Melrose Park.

Team spots fill up fast for this yearly event so register your team now! We are looking for:

- 8 Men's 16" Major teams 'Open Roster'
- 12 Men's 16" A/B Division teams
- 12 Coed 14" Mushball teams

Don't miss this action-packed weekend of softball, food and drinks (alcoholic and non-alcoholic).

- A deposit is required to hold your spot or you can pay the fee in full.
- Registration will be taken throughout the spring and early summer.
- Monetary prizes and trophies will be awarded to all winning teams of each tournament.

Game times to be announced.

Non Refundable Deposit: \$100 (applied towards balance).

Fee: \$200

Check quickscores.com/vpd for league updates.

For more information or to register a team, contact Joe Serpico at (708) 870-4780.

Thursday, July 31 -
Sunday, August 3



Bocce Ball Tournament Saturday, August 2-Sunday, August 3

Join Veterans Park District as we celebrate the tradition of Bocce Ball, a game that can be enjoyed by all ages. Sign up your team for the 2025 Tournament now!

Call Nico at (708) 343-5270. There must be two players on a team. Court times will be assigned the day of the tournament. Preregistration required: \$20 per team.

WEEKEND LINE UP:

Thursday & Saturday
A/B games

Saturday
Major Games

Friday & Sunday
Coed Games

Saturday & Sunday
Bocce Tournament

Interested in marketing your business to hundreds of residents, participants and local businesses? Become a VPD Softball, Bocce Ball Tournament sponsor! Call Greg Stanczyk at (708) 343-5270 or email: gregstanczyk@vpdpark.org

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a program/event
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City Cruises

Chicago Signature Lunch Cruise & Navy Pier Shopping

Set sail on the City Cruises Chicago Signature Lunch Cruise for a relaxing afternoon on Lake Michigan.

Enjoy a delicious lunch, stunning views of the Chicago skyline, live music, and a chance to dance. After the cruise, explore and shop at Navy Pier, making this a perfect day of relaxation, music, and fun!

Date	Day	Fee	Location
August 7	Th	\$111	Chicago, IL
Departure: 10 AM from Grant Park Recreation Center			
Return: 5:30 PM			



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music in the park



Escape the midweek hustle and join us for an unforgettable night of live music!
Band starts at 7PM. Our patio bar will open at 6 PM serving cold beer and wine.

WEDNESDAY
AUGUST 13 • 7-9 PM

Vietnam Veterans Memorial Park
1800 Riverwoods Dr., Melrose Park
(in the back of the complex by the forest)

THE FLAT CATS

The Flat Cats play a range of vintage and modern music rooted in the hottest swinging jazz and blues, contemporary classics, and timeless standards. The group is comprised of six talented musicians with years of performing, arranging, and composing experience.



WEDNESDAY
AUGUST 20 • 7-9:30 PM

Bulger Park Community Center
1601 Hirsch St., Melrose Park

CHARLES & COMPANY

Charles & Company is a band of seasoned musicians that play a wide selection of music. The Charles & Company show consist of dance music from Motown, Classic Rock, Swing, Blues, to Standards, Reggae and 50s. They might even throw in a Polka.



Bring your lawn chairs, blankets, snacks or pack a picnic. Dogs are **not** allowed on park properties.
All VPD Special Event dates, locations and advertised activities are subject to change.
Please visit vpdpark.org or our Facebook page: [Facebook.com/vdparks](https://www.facebook.com/vdparks) for updates.

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