## Veterans Park District Programs & Happenings

**Early Childhood** 

#### Pee Wee Playtime • Ages Up to 5

This is a great opportunity for you and your child to socialize. The room is set up with tables, fun toys, games, mats, big wheels and even a ball pit! You and your child can play, interact, make a craft, enjoy music and movement, and have lots of fun!

 Thursdays, Jan. 8-March 25; 9:30-11:30 a.m.; Bulger Park Community Center, 1601 Hirsch St. Melrose Park; Fee – single visit \$5 per child/\$3 per sibling, or purchase a punch pass \$20 for six visits (savings of \$10), supervising adult is free. Plan to enjoy the free coffee bar. No registration needed drop in anytime.



Through singing, movement, rhythm activities, and simple instrument play, families will engage in a fun, interactive experiences that support early development and build a love of music. This class encourages bonding, creativity, and confidence in a welcoming environment (2- and 3-year-olds must attend with adult).

• Wednesdays, Feb. 11-March 4; 12:15-1 p.m.; Bulger Park Community Center, 1601 Hirsch St. Melrose Park; Fee – R\$40/NR\$50.

#### **Little Chefs' Dessert Dishes • Ages 2-5**

Curious minds will mix, layer, and decorate a variety of fun and tasty desserts through hands-on activities, creative exploration and plenty of sweet fun. Each class features a simple no-bake dessert and a take-home treat or recipe card to keep the creativity going at home (2- and 3-year-olds must attend with adult).

• Thursdays, Feb. 26-March 19; 4:45-5:30 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$40/NR\$50.

#### **Creative Arts**

#### **Vision Board Making Workshop • Ages 6+**

Start the new year with creativity and goal! In this hands-on workshop, you'll design a personalized vision board using a mix of scrapbooking techniques, painting and inspirational images. Whether you're setting goals, dreaming big or simply organizing your thoughts for the year ahead, this is your space to reflect, create and be inspired. All materials are provided.

• Thursday, Jan. 8; 5-6 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$20/NR\$30.

#### **Candle Making Workshop • Ages 8+**

Get creative with candle painting using colored wax themed for Valentine's Day! A fun and festive craft activity.

• Thursday, Feb. 8, 5-6 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$20/NR\$30.

#### **Candy Hearts Party • Ages 6+**

Get crafty and festive! Join us for a fun-filled Valentine's celebration featuring a Valentine's box decorating, cookie decorating and friendship bracelet making. Perfect for kids and families (participating adults must enroll).

• Friday, Feb. 13; 6:30-8 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$20/NR\$30.

Youth Athletics
Soccer • Ages 8-12

VPD staff will lead players in specific drills while they improve their overall understanding of the game while having a blast! Each class lasts for one hour and players will rotate through different stations and drills.

 Thursdays, Jan. 8-29; 5-6 p.m.; George Leoni Complex, 800 N. 17th Ave., Melrose Park; Fee – R\$55/NR\$70.

#### **Baseball • Ages 8-12**

This slow-paced class covers the basic skills/drills of baseball, including throwing, catching, fielding and hitting. Please bring a baseball bat and glove.

 Mondays, Jan. 5-Feb. 2; 5-6 p.m.; George A. Leoni Complex, 800 N 17th Ave, Melrose Park; Fee – R\$55/NR\$70.

#### Mini Sports • Ages 4-7

Get ready to run, kick, hit and play! Our mini sports introduce kids ages 4-7 to the exciting world of sports through a fun mix of soccer, tee ball and a mix of field games.

• Fridays, Jan. 9-30; 5-6 p.m.; George A. Leoni Complex, 800 N. 17th Ave., Melrose Park; Fee – R\$55/NR\$70.

#### **Fitness**

Fitness Classes – We offer a variety of fun, exciting fitness classes for all ages and fitness levels. Our classes include Zumba, Pump & Sculpt, Strong Nation, Middle Eastern Belly Dancing, Chair Yoga, Youth Fitness, Youth Boxing, Youth Speed Training and Beginner Yoga. Call Cimbalo Fitness Center at (708) 343-5151 for more information.

#### **Golf Simulator**

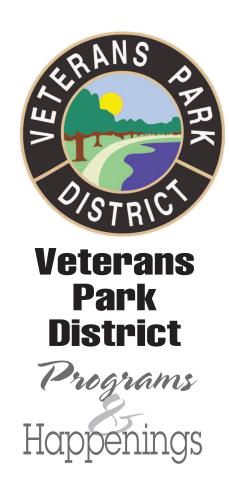
Come experience Cimbalo Fitness Center's Golf Suite! Featuring a state-of-

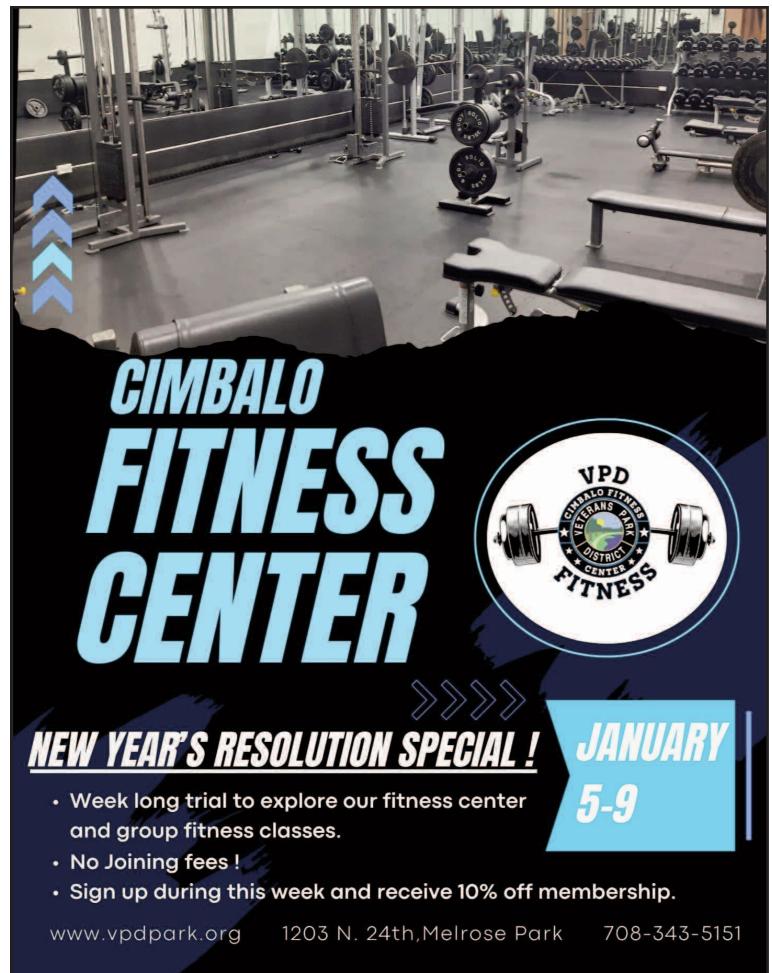


the-art Full Swing® golf simulator, our golf suite allows you to have a fun, realistic golf experience yearround. Our golf simulator offers something for everyone of all ages and experience levels, from the super competitive golfer to the super casual. With over 85 courses, multiple skill challenge courses, a driving range and a variety of challenge games/modes of play, we can provide users with a great experience customized to their goals, whether that be improving their golf game or just having fun. Pricing is \$40 for

one hour and \$20 for a half-hour rental. Please call ahead to reserve a time slot. Cimbalo Fitness Center is located at 1203 N. 24th Ave., Melrose Park. Call (708) 343-5151 to reserve a time.

Call us for more information on our upcoming programs, (708) 343-5270, or check our website at www.vpdpark.org or our Facebook Page for updates.







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#### **Veterans Park District**

Programs Happenings

# PEEWEE **PLAYTIME!**



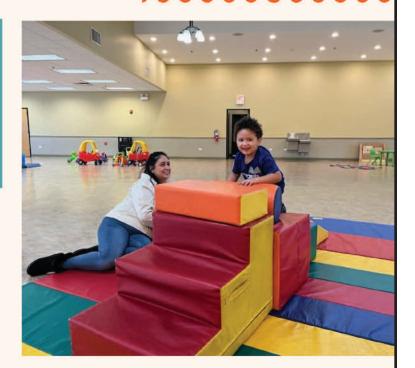
CONTRACTOR OF THE PROGRAM

Ages 0-5 with adult **Thursdays** 9:30-11:30 am **Jan 8-Mar 26** Free Coffee Bar & Admission for Adults

### SINGLE VISIT

\$5 per child/\$3 per sibling

\$20 for 6 visits (\$10 savings)



#### ACTIVITIES



🌉 Fun toys, games & mats 🛮 😁 Simple crafts





₹ Big wheels & a ball pit



**JI** Music & movement

**BULGER PARK COMMUNITY CENTER** 1601 HIRSCH ST, MELROSE PARK



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### Veterans Park District

Programs
Happenings



Bulger Park • 1601 Hirsch St. • Melrose Park



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