

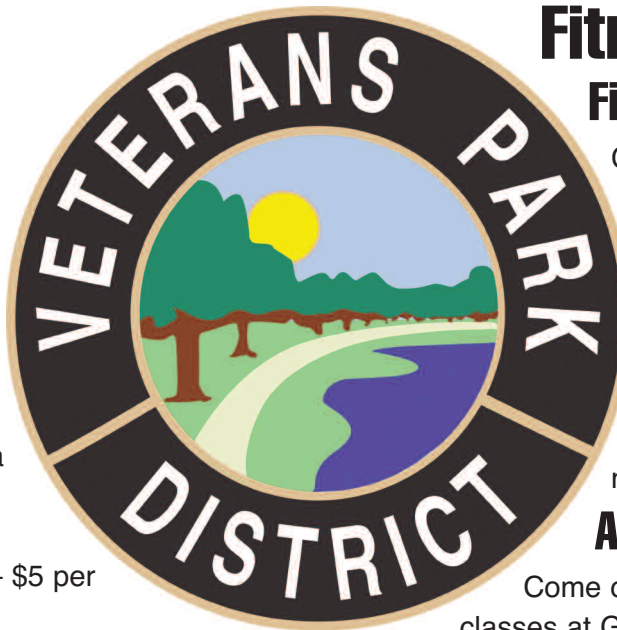
Veterans Park District

Programs & Happenings

Early Childhood Pee Wee Splish & Splash Ages Up to 5

Enjoy a relaxed and playful water experience designed just for little ones! The kiddie pool is open exclusively before public swim hours, giving families a calm and comfortable space to splash and play. With warm, shallow water and fun, age-appropriate toys, children can build confidence and develop motor skills while sharing special moments with a parent or caregiver.

- Friday, July 24, 9:30-11:30 a.m.; Gouin Pool and Waterslides, 2400 Scott St., Franklin Park; Fee – \$5 per child/\$3 per additional child.



Fitness Fitness Classes

Cimbalo Fitness Center offers a variety of fun, exciting fitness classes for all ages and fitness levels. Our classes include Zumba, Pump & Sculpt, Strong 30/CIRCL 30, Middle Eastern Belly Dancing, Total Body Resistance, Yoga, Chair Yoga, Youth Boxing and Youth Fitness. Fitness Center members receive 25% off fitness classes.

Call Cimbalo Fitness Center at (708) 343-5151 for more information.

Aqua Fitness Classes

Come out and enjoy our fun Aqua-Zumba and Aquacize classes at Gouin Pool. Classes are held every Saturday morning (weather permitting) and run through Aug. 8, with Aqua-Zumba kicking off at 10 a.m., and Aquacize immediately following at 11a.m. (No class of July 4. Drop-in prices are \$8 for residents/\$9 for nonresidents).

Call (708) 343-5151 for more information.

Pickleball Lessons

Head over to Cimbalo Fitness Center to check out our Pickleball lessons. The rules are simple and easy to learn, making it fun for athletes of all ages. We offer lessons for a variety of age groups and skills levels, as well as scheduled open-play dates.

Please call (708) 343-5151 for more information.

New! Co-op Basketball League Partnership

We're excited to announce a brand-new partnership with the Leyden Township Basketball Co-Op, launching next winter.

This collaborative league brings together the Leyden Recreation Department, Park District of Franklin Park, Schiller Park Recreation Department, Rosemont Park District and Norridge Park District to create a fun, community-focused basketball experience.

Teams from each community will play weekly games at rotating locations, giving families the chance to visit and enjoy different facilities throughout the season.

Practices will be held once per week and the league places a strong emphasis on equal playing time to ensure a positive, balanced and development-focused experience for every participant.

For more information call Nico Urbinati at (708) 716-4822, Ext. 234.



PEE WEE TOT CAMP

at
VETERANS PARK DISTRICT

Ages 3-5
Monday-Thursday
9am-12pm
\$300 per session
\$75 per week
*5 campers minimum per week

Summer-themed activities that spark curiosity
Hands-on learning in a relaxed environment
Art, music, outdoor play & interactive projects
Snacks provided daily



**Session 1 was Fun ...
Register Now for
Session 2!
It Begins July 6!**

Session 2: July 6-30
Week 1: Dino Discovery
Week 2: Transportation Station
Week 3: Bugs & Butterflies
Week 4: Under the Sea



**Bulger Park
1601 Hirsch Street,
Melrose Park**

(708) 343-5270 Follow Us On
VPDPARK.ORG  

**For more information on Veterans Park District
events and activities, call (708) 343-5270
or visit www.vdpd.org.**



Veterans Park District Programs & Happenings



SUMMER PICKLEBALL



PICKLEBALL – ADULT LESSONS

All lessons will be taught by Mel Phillips, RSPA Certified Pro at Bataan Park Pickleball Courts, 1220 N 9th Ave., Melrose Park.

FREE 15-minute evaluation to determine your level and appropriate class. For appointment text Coach Mel at (708) 692-8852.
BEGINNER

For students with little to no experience or limited mobility. Emphasis on injury prevention and developing a consistent dink, drive, volley, serve and return. Introduction to scoring and point play.

Age	Date	Day	Time	R/N Fee	Code #
17+	Jun 2-30	Tu	6:15-7:15 PM	\$70/95	555300-A15
17+	Jul 14-Aug 11	Tu	6:15-7:15 PM	\$70/95	555300-A16

Min/Max: 4/8

ADVANCED BEGINNER

For students with little to moderate experience. Emphasis on injury prevention and incorporating the right combination of power and touch. Developing a more consistent serve, return, overhead and improved "kitchen" play. Point play with strategy.

Age	Date	Day	Time	R/N Fee	Code #
17+	Jun 4-Jul 2	Th	5-6 PM	\$70/95	555300-B18
17+	Jul 16-Aug 13	Th	5-6 PM	\$70/95	555300-B19

Min/Max: 4/8

Age	Date	Day	Time	R/N Fee	Code #
55+	Jun 2-Jun 30	Tu	3:30-4:30 PM	\$60/90	555300-SR12
55+	Jul 14-Aug 11	Tu	3:30-4:30 PM	\$60/90	555300-SR13

Min/Max: 4/8

INTERMEDIATE PICKLEBALL

For qualified experienced players that already have placement and control on a consistent level. Emphasis on more advanced techniques/strategies including slice, spins, 3rd shot drop, stacking and "kitchen firefights". Point play with standard and rally scoring.

Age	Date	Day	Time	R/N Fee	Code #
17+	Jun 4-Jul 2	Th	6-7 PM	\$70/95	555300-C4
17+	Jul 16-Aug 13	Th	6-7 PM	\$70/95	555300-C5

Min/Max: 4/8

Call 708-343-5151
for more
information



PICKLEBALL – YOUTH LESSONS

Learn the basics of one of America's fastest growing sports! Pickleball combines the many elements of tennis, badminton and ping-pong. Simple rules make it easy for beginners to pick up the game fast and get in on the fun. Our instructor will teach participants everything they need to know about the basic rules, procedures and equipment involved with this enjoyable sport.

Age	Date	Day	Time	R/N Fee	Code #
11-16	Jun 2-30	Tu	4:45-5:45 PM	\$60/80	555300-Y10
11-16	Jul 14-Aug 11	Tu	4:45-5:45 PM	\$60/80	555300-Y11

Min/Max: 4/8

NEW EXPANDED OPEN PLAY OPTIONS – ADULT (16+)

Instructor supervised adult doubles open play – advanced beginner and intermediate levels only. Weather dependent No make-ups until October. (Must register in advance. Each option is a separate fee.)

Age	Date	Day	Time	R/N Fee	Code #
16+	Jun 2-23	Tu	7:15-8:45 PM	\$32/48	555333-June1
16+	Jun 3-24	W	7:15-8:45 PM	\$32/48	555333-June2
16+	Jun 4-25	Th	7:15-8:45 PM	\$32/48	555333-June3

Age	Date	Day	Time	R/N Fee	Code #
16+	Jul 7-28	Tu	7:15-8:45 PM	\$32/48	555333-July1
16+	Jul 8-29	W	7:15-8:45 PM	\$32/48	555333-July2
16+	Jul 9-30	Th	7:15-8:45 PM	\$32/48	555333-July3

Age	Date	Day	Time	R/N Fee	Code #
16+	Aug 4-25	Tu	7:15-8:45 PM	\$32/48	555333-Aug1
16+	Aug 5-26	W	7:15-8:45 PM	\$32/48	555333-Aug2
16+	Aug 6-27	Th	7:15-8:45 PM	\$32/48	555333-Aug3

Instructor: Mel Phillips – RSPA Certified Pro

Location: Bataan Park

Min/Max: 8/12



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 @vpdpark

(708) 343-5270 | VDPARK.ORG | FOLLOW US ON





Veterans Park District *Programs & Happenings*





FREE MOVIES IN THE PARK

Relax under the stars and enjoy our **FREE MOVIES IN THE PARK.**

Please bring your own lawn chairs or blankets. You are also welcome to bring your own snacks. Remember, that alcohol and dogs are not allowed on park properties.

Movies start after sundown.

Call (708) 343-5270 or check the VPD Facebook page for rain out details.

FREE FRESH POPCORN
(while supplies last)





Become
a program/event
SPONSOR





Deep
Grant Park
July 8
PG 92 min



PAT
Grant Park
July 15
PG 92 min



Harold & The Purple Crayon
Grant Park
July 8
PG 92 min



Gabby's Dollhouse
Bataan Park
July 15
G 85 min



Lion King
Trumbull Park
August 5
PG 87 min

Thanks so much to those who attended these two features in June! We hope you enjoyed the movie!

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Veterans Park District Programs & Happenings



FREE OUTDOOR CONCERT EVENTS!

Escape the midweek hustle and join us for an unforgettable night of live music! Band starts at 7 PM. Our patio bar will open at 6 PM serving cold beer and wine.



CHICAGO SKYLINERS BIG BAND

WEDNESDAY, AUGUST 12 • 7-9 PM

Vietnam Veterans Memorial Park
1800 Riverwoods Dr., Melrose Park
(in the back of the complex by the forest)

Featuring contemporary arrangements of classic standards and the incredible vocals of Leslie Beukelman, this dynamic performance brings timeless big band sound to life.



TRABUCO SALSA

WEDNESDAY, AUGUST 19 • 7-9:30 PM

Bulger Park Community Center
1601 Hirsch St., Melrose Park

Feel the heat with TRABUCO Salsa Band – Chicagoland's hottest, high-energy salsa band! Live music, vibrant rhythms, and nonstop Latin flair that will have you dancing.



*Bring your lawn chairs, blankets, snacks or pack a picnic. Dogs are **not** allowed on park properties. All VPD Special Event dates, locations and advertised activities are subject to change. Please visit vpdpark.org or our Facebook page: Facebook.com/vpdparks for updates.*

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