

JOIN US! SUNDAY, OCTOBER 4, 2026

CHECK-IN
8:00 AM

START TIME
9:00 AM



SUNDAY
OCTOBER 4, 2026



CHECK-IN TIME
8:00 AM



START TIME
9:00 AM



LOCATION
1715 W LAKE ST
MELROSE PARK, IL 60160

ALL ARE WELCOME!



START/FINISH
MELROSE PARK
ELEMENTARY



5K RUN



FUN FOR
THE WHOLE FAMILY!

EVENT INCLUDES



5K RUN/WALK



HEALTH
SCREENINGS



WELLNESS
RESOURCES



FAMILY FUN
ACTIVITIES

REGISTER TODAY!



ADD YOUR
QR CODE
HERE

Join us for a morning
of fun, fitness, and
community connection!

STRONGER TOGETHER! ❤️

A HEALTHIER COMMUNITY, A STRONGER FUTURE.



HOSTED BY
The Seventh-day
Adventist® Church
of Melrose Park



MELROSE PARK
Our Community, Our Strength

MELROSE PARK HEALTH FAIR

FERIA DE SALUD DE MELROSE PARK

YOUR HEALTH. YOUR LIFE.
OUR COMMUNITY.



SU SALUD. SU VIDA.
NUESTRA COMUNIDAD.



OCTOBER 4, 2026
4 DE OCTUBRE DE 2026



9:00 AM - 1:00 PM
9:00 a.m. - 1:00 p.m.



LOCATION • UBICACIÓN

Melrose Park School
1715 W. Lake St.
Melrose Park, IL 60160



BOOTHS WITH GIVEAWAYS!
**¡MESAS INFORMATIVAS CON
REGALOS Y OBSEQUIOS!**



TOPICS INCLUDE • TEMAS INCLUYEN



DIABETES

DIABETES



**DEPRESSION &
MENTAL HEALTH**

**DEPRESIÓN Y
SALUD MENTAL**



**GASTROINTESTINAL
HEALTH**

**SALUD
GASTROINTESTINAL**



**CANCER
PREVENTION**

**PREVENCIÓN
DEL CÁNCER**



**HEART
HEALTH**

**SALUD DEL
CORAZÓN**



ORAL CARE

**CUIDADO ORAL
Y DENTAL**

BE INFORMED.
BE EMPOWERED.
LIVE WELL.



¡INFÓRMESE!
¡EMPODÉRESE!
¡VIVA SALUDABLEMENTE!



**A HEALTHIER YOU.
A STRONGER COMMUNITY.**
**UNA COMUNIDAD MÁS FUERTE
Y SALUDABLE COMIENZA CON USTED.**



Hosted By • Patrocinado por
**Melrose Park Seventh-day
Adventist Church**
**Iglesia Adventista del Séptimo Día
de Melrose Park**



FREE AND OPEN TO ALL! EVERYONE WELCOME!



¡GRATIS Y ABIERTO A TODOS! ¡TODOS SON BIENVENIDOS!