



Melrose Park Fire DepartmentNEWS



*Rick Beltrame
Director of Fire Dept.*

A Message from Rick Beltrame, Director of Fire Department

The Melrose Park Fire Department and Director of Fire Department Rick Beltrame want to ensure the safety of our residents and their families by providing these cooking safety tips on behalf of the National Fire Protection Association. Please follow these tips to ensure your family's well-being!

Cooking Safety

Cooking brings family and friends together, provides an outlet for creativity and can be relaxing. But did you know that cooking fires are the number one cause of home fires and home injuries? By following a few safety tips you can prevent these fires.

"COOK WITH CAUTION"

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

If you have a small (grease) cooking fire and decide to fight the fire...

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

If you have any doubt about fighting a small fire...

- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number from outside the home.



Cooking and Kids

Have a "kid-free zone" of at least 3 feet (1 metre) around the stove and areas where hot food or drink is prepared or carried.

FACTS

- ❗ The leading cause of fires in the kitchen is unattended cooking.
- ❗ Most cooking fires in the home involve the kitchen stove.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards



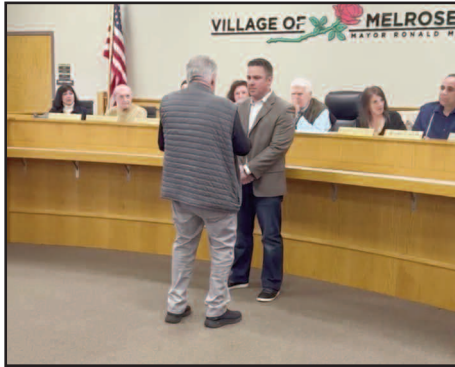
**MELROSE PARK
FIRE DEPARTMENT**

3601 W LAKE ST, MELROSE PARK IL 60160 PH (708) 344-1315, FAX (708) 531-5304



Always Stepping Up ...

Melrose Park Fire Department Welcomes New Captain and New Lieutenant



Earlier this year, two Melrose Park firefighters received well-deserved promotions.

The Melrose Park Fire Department (MPFD) proudly congratulates newly promoted Capt. Mark Otmaskin and newly promoted Lt. Eric Andersen on this outstanding achievement. This promotion is a true reflection of their dedication, leadership and unwavering commitment to serving and protecting our community.

MPFD is proud of each of you and looks forward to seeing your continued leadership and success in your new roles. Thank you for your service.

Capt. Otmaskin and Lt. Andersen – Congratulations on your promotions and best wishes for an incredible journey ahead from Mayor Serpico, Director of Fire Department Rick Beltrame and your colleagues at MPFD.

Pictured (top photo, left) MP Police & Fire Commissioner Sal Manzo and Capt. Otmaskin; (top photo, right) Commissioner Manzo and Lt. Andersen; and (bottom photo) Capt. Otmaskin and Lt. Andersen with friends and colleagues.